

Church Life

Welcome to the West Covina Hills SDA Church Family!

We pray you will hear God speak to you through various ways and through His people. If you don't have a church home we would love to have you consider making us your church home. **Guests and members please share with us your presence and any other information on the Communication Card in the pews and place them in the offering plate, thank you!**

We also have wireless services for the hearing impaired.



Please see a Deacon for assistance.

THIS WEEK AT WEST COVINA HILLS:

TODAY, Jan. 16th—Speaker: Adam Hicks—10:45 a.m.
5:30 p.m.—Get Connected

Monday, Jan. 18th—MLK Day—Church Office Closed

Wednesday, Jan. 20th— Bible Study—7:00 p.m.
Hebrew Class—7:00 p.m.

Friday, Jan. 22nd — Prayer Warriors—7:30 p.m.

UPCOMING EVENTS:

Sabbath, Jan. 23rd—Speaker: Lew Gray—10:45 a.m.
4:00—5:30 p.m. Stop Smoking Program
5:30 p.m.—Get Connected

Sunday, Jan. 24th—Stop Smoking Program—2:00—3:30 p.m.

Wednesday, Jan. 27th— Bible Study—7:00 p.m.
Hebrew Class—7:00 p.m.

Friday, Jan. 29th — Prayer Warriors—7:30 p.m.

2016 Flower Chart: If you would like to purchase flowers for a special occasion (birthday, anniversary, memorial, etc.), please send your request in to the church office. The cost is still \$45 per arrangement. We are taking requests for all Sabbaths in 2016. It will be on a first-come first-served basis. **If you want flowers next week, Jan. 23rd, call or send your email in right away!** (email: wchsdachurch@gmail.com)

Nominating Committee: First Reading

Greeters: Michael Lim, Rossini Lim, Ernesto Davis, Jo Davis

Apr 26-29 – Pathway to Health mega clinic – 3000 medical and nonmedical volunteers needed for this huge outreach. More than 10,000 Los Angeles area residents will receive free medical, dental, vision, surgical or other health treatments. **More than 3,000 health professionals and nonmedical volunteers needed!**

Sign up now at pathwaytohealthvolunteer.org

Transfer Out: First Reading

Karina Mamora to Azure Hills SDA Church, Grand Terrace, CA



January 2016

Adventurers

23—Club Meeting 3:00 p.m.—5:00 p.m.
24—Club Meeting (snow day) 10:00 a.m.—Noon

Pathfinders

16—Club Meeting 3:00 p.m.—5:00 p.m.
17—Club Meeting 10:00 a.m.- Noon



Cheerful Giving! January 2016

| | |
|--|--------------------|
| Church Budget Monthly Goal: | \$16,900.00 |
| Received to date in January: | \$ 4,562.84 |
| Over for 2015: | \$ 7,073.95 |
| Total Scholarship Need per Month: | \$ 1,300.00 |
| Lambs' Offering in January: | \$ 620.25 |
| Local Evangelism Goal: | \$40,000.00 |
| Received to date: | \$13,678.55 |

Mark any special offerings on the tithe envelope.
All loose offerings go toward Church Budget.

Ministry Leaders

Adventurers - Alma Castaneda
Adventurers—Riris Huliselan
Children's S.S. Coordinator - Maria Botello
Church Clerk - Celeste Mercy
Head Deacon - Guidel "Guy" Rivera
Head Deaconess - Pauline Reid
Elder, Co-Head - Sam Ang
Elder, Co-Head - Harry Walker
Evangelism/Personal Ministries - Harry Walker
Evangelism/Personal Ministries - Sam Ang
Get Connected Ministry —Marisela Garcia
Greeters Ministry - Audree Luevano
Health & Temperance Ministry - Corneliu Baci
Health & Temperance Ministry—Sharon Tanghal
Health & Temperance Ministry—Jenne Walker
Home & School - Caroline Light
Interest Coordinator - Corneliu Baci
Men's Ministry— James Dawson
Music Committee - Alan Beaumont
Music Committee—Casey Hughes
Music Committee—Gene Manners
Pathfinders - Sam Ang
Pathfinders - Genemar Porsona
Religious Liberty - Daniel Benitez
Sabbath School Secretary - Linda Barrett
Treasurer - Debbie Ang
WCH School Board Chair - A. D. Hall
Wedding Coordinator—Marisela Garcia
Women's Ministry Leader - Mickie Hall

West Covina Hills Seventh-day Adventist Church

3536 East Temple Way, West Covina, CA 91791

Church Office Hours: Mon.--Thurs. 9:00-1:00; Fri.-Closed

Church Secretary: Celeste Mercy

Office: 626-915-7819

E-mail: wchsdachurch@gmail.com

West Covina Hills Seventh-day Adventist Church is now on Facebook

Fax: 626-339-2413

Website: wchsdachurch.com

Pastor: Lew Gray

Home: 909-599-6425

E-mail: lgsayglory@yahoo.com

Associate Pastor: Adam Hicks

Cell: 951-532-5042

E-mail: pastoradamhicks@gmail.com

Cross Trainer: Ellie Hua

Blog: evangeliving.tumblr.com

Cell: 626-234-6269

E-mail: ellyx37@gmail.com

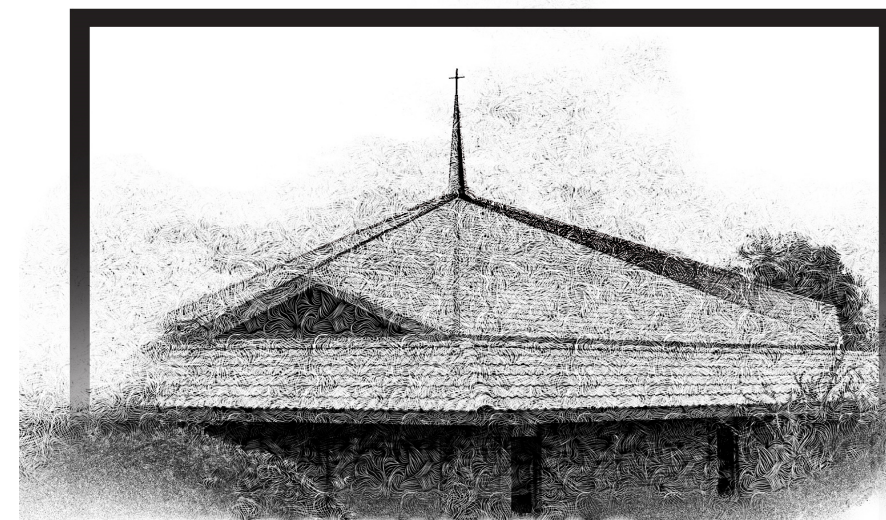
Practicum Workers

Rachel Minor

Cell: 818-424-4331

Natalie Tapia

Cell: 408-612-2297



WEST COVINA HILLS SEVENTH-DAY ADVENTIST CHURCH

2016

CREATION HEALTH:

THE YEAR OF WHOLENESS

Spiritual, Physical, Mental, Emotional, Financial and Family



JANUARY 16, 2016

Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you.
1 Thessalonians 5:16-18

“Prayer is the key in the hand of faith to unlock heaven's storehouse, where are treasured the boundless resources of Omnipotence.” SC, pp. 94, 95

Mission Statement

“Christ's method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, ‘Follow Me.’” MH p143

The bulletin is available on our website.

Sabbath School at 9:15 a.m.

Adults may attend any of these classes:

| | | |
|----------------------------|----------------------------|---------------------|
| Class #1 (Sanctuary) | "To Know God" | Harry Walker |
| Class #2 (Training Room) | "His-story Class" | Adolfo Garcia |
| Class #3 (Library) | "Open Discussion" | Mildred Williams |
| Class #4 (Sanctuary) | "Contemporary Application" | Rotating Teachers |
| Class #5 (Pastor's Office) | "New Believers" | Lew Gray |
| Class #6 (Choir Room) | "Young Adults" | Sam Ang/Chris Ostos |

Sabbath School Quarterlies: If you are in need of the Sabbath School Quarterly you can go on-line at www.ssnet.org, select "current lesson."

www.BibleInfo.com

Children/Youth may attend any of these classes:

| | | |
|---------------------|----------------|-------------------------|
| Beginners | (Ages Birth-3) | Robyne Gray |
| Kindergarten | (Ages 3-5) | Isabel York |
| Primary 1 | (Grades 1-2) | Maria Botello |
| Primary 2 | (Grades 3-4) | Melanie Rumbaoa |
| Juniors | (Grades 5-6) | Richard Alamillo |
| Earliteens | (Grades 7-8) | Jennifer Walker |
| Youth | (Grades 9-12) | Susan Benitez/Tony York |

www.kidsbibleinfo.com

Participants Today

| | |
|--------------------------------|-------------------------------|
| P.A. | Daniel Benitez |
| Church Chorister(s) | Megan Walker |
| Organist | |
| Church Pianist/keyboard | Edwin Rumbaoa |
| Ushers and Deacons-Leader | Morris Sianturi |
| Greeters 9-10 a.m. | Eddie Luevano |
| Concierges greeters 9-10 a.m. | Audree Luevano |
| Greeters 10-11 a.m. | Olga Lederer |
| Concierges greeters 10-11 a.m. | Bonnie Wear and Marie Maranan |
| Worship Coordinator (s) | Al Acevedo |
| Sabbath School Secretary | Rose Carson/Linda Barrett |

West Covina Hills School News



DATES TO REMEMBER: January

18—No School—Martin Luther King, Jr. Day
31—Hawaiian Luau Fundraiser

Please continue your prayers for our school

We thank the WCH church family for all their continued support.

West Covina Hills SDA School

Principal: Angel Nair

Website: www.wchas.adventistfaith.org

Follow us on Facebook: www.facebook.com/WCHASchool

Office: 626-859-5005

Fax: 626-859-5724



Sunset Time

This week— 5:07

Next week— 5:13

Wi-Fi —wchsdachurch7

Our Church at Worship

10:35 a.m.

Song Service

| | |
|--|-----|
| "Don't Forget the Sabbath" | 388 |
| "Thine is the Glory" | 171 |
| "Hark! 'Tis the Shepherd's Voice I Hear" | 361 |

10:45 a.m.

Prelude Edwin Rumbaoa

Welcome & Announcements Roberta Rivera

Please place your communication card in the offering plate.

Hymn of Praise "Jesus Loves Me" 190
Chorister Megan Walker

Prayer Christian Botello

Ministry Spotlight Christian & Bianca Botello

Tithes & Offering Church Budget Richard Alamillo
Offertory "More Than Wonderful" Kirtley Family Music

Children's Story Sharon Tanghal
Lambs Offering

Scripture Matthew 18:1-5 Maria Botello

Special Music "Find Us Faithful" Kirtley Family Music

Sermon "The Me I Want to Be in 2016" Adam Hicks

Hymn of Dedication "Jesus Loves the Little Children"
Chorister Megan Walker

Benediction Adam Hicks

Postlude Edwin Rumbaoa

Thank you for placing your mobile phone and pagers on silent mode!

Prayer and Praise

Please pray for: Amy Bauzon, Jennipher Campbell, Esther Chow, Liz Corless, Sarah Corless, Richard Dizon, Humberto Espinosa, Juanita Hamren, Melissa and Arlene Hernandez, Betsy Hirayama, Kathy Ann Jenny, Johnson family, Timothy Kim, Jasminka Knecht, David Limongan, Brenden Markert-Green, Esther Ramos, Roosevelt Sampson, Virginia Shull, Jill Korolsky-Smith, Daisy Supit **and for those who are currently serving our country:** Danny Castillo, Eric Castillo, Jason Corless, Greg Ramirez, Scott Robertson, Brendon Roller, and TJ Wear.

Homebound Members: For information regarding homebound members call the church office at (626) 915-7819.

"Rejoice with those who rejoice; mourn with those who mourn" Romans 12:15

THEME OF WORSHIP

Jesus Loves the Little Children

Jesus loves the little children
 All the children of the world
 Red and yellow, black and white
 they're precious in his sight
 Jesus loves the little children of the world

Jesus cares for all the children
 All the children of the world
 Black and yellow, red and white
 They're all precious in His sight
 Jesus cares for the children of the world



Health Nugget



Brace Yourself for a Sugar Shock

If cutting back on sugar is one of your New Year's resolutions, don't think that swilling reduced-calorie sodas such as Coca-Cola Life or Pepsi True will do much for your strategy. Sure, they're lower in sugar than regular soda, which packs about 10 teaspoons into a 12-ounce can—but they still contain about 6 teaspoons. That's the daily limit for women, according to the American Heart Association; for men, it's 9 teaspoons.

So what's different? Coke Life and Pepsi True are sweetened with a mixture of sugar and stevia, a no-calorie sweetener from plant leaves. Though the green cans may lead you to think these drinks are better for you, don't lose sight of the fact that no soda is a healthy choice. Some studies show that just one can of regular soda per day is enough to raise your risk of heart disease, type 2 diabetes, and obesity. As for stevia, "it's probably safe, but we'd like to see more research," says Michael F. Jacobson, Ph.D., executive director of the Center for Science in the Public Interest. And most colas have artificial caramel coloring. Some types contain 4-Mel, a potential carcinogen, but you can't tell that from the label. So we recommend limiting food and drinks with caramel color. We didn't test Coke Life or Pepsi True for 4-Mel.

We did taste-test them, and our trained testers and untrained staffers said they preferred regular Coke and Pepsi.