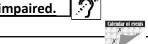
Church Life

Welcome to the West Covina Hills SDA Church Family!

We pray you will hear God speak to you through various ways and through His people. If you don't have a church home we would love to have you consider making us your church home. Guests and members please share with us your presence and any other information on the Communication Card in the pews and place them in the offering plate, thank you!

We also have wireless services for the hearing impaired. Please see a Deacon for assistance.



THIS WEEK AT WEST COVINA HILLS:

TODAY, April 25th — Guest Speaker: Luke Brooks — 10:45 a.m. FM 101 class—3:00 p.m.

Jaime Jorge Benefit Concert for WCHAS—6:30 p.m.

Wednesday, April 29th — Bible Study—Gospel of Luke—7:00 p.m. Hebrew Class—7:00 p.m.

Friday, May 1st-Restoration: Return to Reality -7:00 p.m.- 8:30 p.m.

UPCOMING EVENTS:

Sabbath, May 2nd - Speaker: Lew Gray-10:45 a.m. FM 101 class—3:00 p.m. Restoration: Return to Reality -7:00 p.m.-8:30

Sunday, May 3rd—Restoration: Return to Reality -7:00-8:30 p.

Wednesday, May 6th — Bible Study—Gospel of Luke—7:00 p.m. Hebrew Class—7:00 p.m. Friday, May 8th— Restoration: Return to Reality -7:00 p.m.-8:30 p.m.

Today's flowers have been given in memory of the birthday of their granddaughter, Britney Reyes by Adolfo and Lupe Garcia.



Health Nugget Exercises to ease the strain of 'text neck'

Prolonged periods of tilting the head downward to peer into a mobile device can create excessive strain on the cervical spine, causing a repetitive stress injury that ultimately leads to spinal degeneration.

If you're not mindful of your body alignment, engaging with mobile devices for long periods of time can wreak havoc on your spine. This behavior can result in muscle strain, a straightening of the normal curvature of the cervical spine, disk compression, slipped disks, pinched nerves and arthritis. Here are some exercises that can help prevent and relieve "text neck": Neck stretches, Chest opener, Shoulder, upper back and neck muscle strengtheners, Wall angels, Sky diver. Instructions for each of these exercises can be found on the website link below.

http://www.latimes.com/health/la-he-text-neck-20150404-story.html#page=1

Healthy Tips cards available from the church office.

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April 2015

Adventurers

Pathfinders

26—Club Meeting

10:00 a.m.—12:00 p.m.

www.wchsdachurch.com Vegan and Vegetarian Recipes (on the menu) Not only recipes, but many Health Resources

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April 2015			
Church Budget Monthly Goal:	\$16,500.00		
Received to date in March:	\$12,153.28		
Short YTD as of March 31:	\$ 9,169.52		
Total Scholarship Need per Month:	\$ 2,183.00		
Lamb's Offering in April:	\$ 1,226.00		

Cheerful Giving!

Mark any special offerings on the tithe envelope. All loose offerings go toward Church Budget.

Ministry Leaders

Adventurers - Alma Castaneda Adventurers-Riris Huliselan Children's S.S. Coordinator - Maria Botello Church Clerk - Celeste Mercy Community Services—Guidel "Guy" Rivera Head Deacon - Guidel "Guy" Rivera Head Deaconess - Pauline Reid Elder, Co-Head - Sam Ang - Harry Walker sonal Ministries - Harry Walker sonal Ministries - Sam Ang Ministry — Marisela Garcia try - Audree Luevano erance Ministry - Corneliu Baciu Health & Temperance Ministry—Sharon Tanghal Health & Temperance Ministry—Jenne Walker Home & School - Caroline Light Interest Coordinator - Corneliu Baciu Men's Ministry— James Dawson Music Committee - Alan Beaumont Music Committee—Casey Hughes Music Committee—Gene Manners **Pathfinders** - Sam Ang Pathfinders - Genemar Porsona **Religious Liberty** - Daniel Benitez **Risk Management** Sabbath School Secretary - Linda Barrett Treasurer - Daniel Weston Visitation - Lupe Garcia WCH School Board Chair - A. D. Hall Wedding Coordinator—Marisela Garcia Women's Ministry Leader - Mickie Hall Youth - Nenad Didara



West Covina Hills Seventh-day Adventist Church 3536 East Temple Way, West Covina, CA 91791

Church Office Hours: Mon.--Thurs. 9:00-1:00; Fri.-Closed

Church Secretary: Celeste Mercy **Office:** 626-915-7819 Fax: 626-339-2413 **E-mail**: wchsdachurch@gmail.com Website: wchsdachurch.com West Covina Hills Seventh-day Adventist Church is now on Facebook

Pastor: Lew Gray

Associate Pastor: Nenad Didara

Cross Trainer: Ellie Hua

Home: 909-599-6425 E-mail: lgsayglory@yahoo.com

Blog: evangeliving.tumblr.com

Home: 424-342-4333 E-mail: nendidara@gmail.com Cell: 626-627-1450 E-mail: ellyx37@gmail.com

WEST COVINA HILLS SEVENTH-DAY ADVENTIST CHURCH WELCOMES YOU 2015 THE YEAR OF PERSONAL EVANGELISM



APRIL 25, 2015

Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for uou. I Thessalonians 5:16-18

"Prayer is the key in the hand of faith to unlock heaven's storehouse, where are treasured the boundless resources of Omnipotence." SC, pp. 94,95

Mission Statement

"Christ's method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, 'Follow Me.'" MH p143

Sabbath School at 9:15 a.m.

Adults may attend any of these classes:

Class #1 (Sanctuary)	"To Know God"	Harry Walker
Class #2 (Training Room)	"His-story Class"	Adolfo Garcia
Class #3 (Library)	"Open Discussion"	Mildred Williams
Class #4 (Sanctuary)	"Contemporary Application"	Rotating Teachers
Class #5 (Pastor's Office)	"New Believers"	Lew Gray
Class #6 (Choir Room)	"Young Adults"	Sam Ang/Chris Ostos

Sabbath School Quarterlies: If you are in need of the Sabbath School Quarterly you can go on-line at www.ssnet.org, select "current lesson."

www.BibleInfo.com *Children/Youth may attend any of these classes:* (Ages Birth-3) Beginners Robyne Gray Isabel York Kindergarten (Ages 3-5) Primary 1 (Grades 1-2) Maria Botello (Grades 3-4) Melanie Rumbaoa Primary 2 Juniors (Grades 5-6) **Richard Alamillo** Jennifer Walker Earliteens (Grades 7-8) Youth (Grades 9-12) Susan Benitez/Tony York www.kidsbibleinfo.com

Participants Today

P.A.	Daniel Benitez/Sam Darnell	
Church Chorister(s)	Gene Manners	
Organist		
Church Pianist/keyboard	Alan Beaumont	
Ushers and Deacons-Leader	A.D. Hall	
Greeters 9-10 a.m.	Edward Luevano	
Concierges greeters 9-10 a.m.	Audree Luevano	
Greeters 10-11 a.m.	Bonnie Wear	
Concierges greeters 10-11 a.m.	Udee Nwosu and Olga Lederer	
Worship Coordinator (s)	Al Acevedo	
Sabbath School Secretary	Aunda Muraviov/Linda Barrett	
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West Covina Hills School News

DATES TO REMEMBER: April 25—Jaime Jorge Benefit Concert @ WCH—6:30 p.m. May 7—National Day of Prayer 25—Memorial Day—No School Please continue your prayers for our school We thank the WCH church family for all their continued support. West Covina Hills SDA School Office: 626-859-5005 **Fax:** 626-859-5724 Principal: Angel Nair Website: www.wchas.adventistfaith.org Follow us on Facebook: <u>www.facebook.com/WCHA</u>School

Sunset Time

This week– 7:31

Wi-Fi—wchsdachurch7

Next week- 7:36

Our Church at Worship

10:45 a.m. Prelude Alan Beaumont Welcome and Announcements Alexis Garcia & Isabella Alamillo *Please place your communication card in the offering plate.* The bulletin is now available on our website. 547 Hymn of Praise "Be Thou My Vision" Chorister Gene Manners Prayer Pauline Reid **Tithes & Offering Guidel Rivera Conference Region Activities** Offertory **Children's Story** Alan Beaumont Lambs Offering **Special Music** "O Rest In The Lord" **Gene Manners** (From the oratorio, *Elijah*, by Mendelssohn) Acc. Jeremy Ang Sermon "Hannah & Praver" Luke Brooks **Hymn of Dedication** "I Surrender All" 309 Chorister Gene Manners **Benediction** Luke Brooks Postlude Alan Beaumont Thank you for placing your mobile phone and pagers on silent mode! **Prayer and Praise**

Please pray for: Amy Bauzon, Jennipher Campbell, Esther Chow, Richard Dizon, Bradley Greaves, Melissa and Arlene Hernandez, Betsy Hirayama, Kathy Ann Jenny, Johnson family, Jasminka Knecht, Rick Mathis, Erma Moya, Jose Moya, Esther Ramos, Elizabeth Rivera, Phil Sampson, Roosevelt Sampson, Virginia Shull, Jill Korolsky-Smith, and for those who are Currently serving our country: Danny Castillo, Eric Castillo, Jason Corless, Greg Ramirez, Scott Robertson, Brendon Roller, and TJ Wear.

Homebound Members: For information regarding homebound members call the church office at (626) 915-7819.

"Rejoice with those who rejoice; mourn with those who mourn" Romans 12:15

Now there was a certain man of Ramathaim Zophim, of the mountains of Ephraim, and his name was Elkanah the son of Jeroham, the son of Elihu, the son of Tohu, the son of Zuph, an Ephraimite. And he had two wives: the name of one was Hannah, and the name of the other Peninnah. Peninnah had children, but Hannah had no children. This man went up from his city yearly to worship and sacrifice to the LORD of hosts in Shiloh. Also the two sons of Eli, Hophni and Phinehas, the priests of the LORD, were there. And whenever the time came for Elkanah to make an offering, he would give portions to Peninnah his wife and to all her sons and daughters. But to Hannah he would give a double portion, for he loved Hannah, although the LORD had closed her womb. And her rival also provoked her severely, to make her miserable, because the LORD had closed her womb. So it was, year by year, when she went up to the house of the LORD, that she provoked her; therefore she wept and did not eat.

zor shall come upon his head." which you have asked of Him." LORD."

main there forever."

So Elkanah her husband said to her, "Do what seems best to you; wait until you have weaned him. Only let the LORD establish His word." Then the woman stayed and nursed her son until she had weaned him.

Now when she had weaned him, she took him up with her, with three bulls, one ephah of flour, and a skin of wine, and brought him to the house of the LORD in Shiloh. And the child was young. Then they slaughtered a bull, and brought the child to Eli. And she said, "O my lord! As your soul lives, my lord, I am the woman who stood by you here, praying to the LORD. For this child I prayed, and the LORD has granted me my petition which I asked of Him. Therefore I also have lent him to the LORD; as long as he lives he shall be lent to the LORD." So they worshiped the LORD there.

Theme of Worship 1 Samuel 1:1-28

Then Elkanah her husband said to her, "Hannah, why do you weep? Why do you not eat? And why is your heart grieved? Am I not better to you than ten sons?"

So Hannah arose after they had finished eating and drinking in Shiloh. Now Eli the priest was sitting on the seat by the doorpost of the tabernacle¹ of the LORD. And she was in bitterness of soul, and prayed to the LORD and wept in anguish. Then she made a vow and said, "O LORD of hosts, if You will indeed look on the affliction of Your maidservant and remember me, and not forget Your maidservant, but will give Your maidservant a male child, then I will give him to the LORD all the days of his life, and no ra-

And it happened, as she continued praying before the LORD, that Eli watched her mouth. Now Hannah spoke in her heart; only her lips moved, but her voice was not heard. Therefore Eli thought she was drunk. So Eli said to her, "How long will you be drunk? Put your wine away from you!"

But Hannah answered and said, "No, my lord, I am a woman of sorrowful spirit. I have drunk neither wine nor intoxicating drink, but have poured out my soul before the LORD. "Do not consider your maidservant a wicked woman, for out of the abundance of my complaint and grief I have spoken until now."

Then Eli answered and said, "Go in peace, and the God of Israel grant your petition

And she said, "Let your maidservant find favor in your sight." So the woman went her way and ate, and her face was no longer sad.

Then they rose early in the morning and worshiped before the LORD, and returned and came to their house at Ramah. And Elkanah knew Hannah his wife, and the LORD remembered her. So it came to pass in the process of time that Hannah conceived and bore a son, and called his name Samuel, saying, "Because I have asked for him from the

Now the man Elkanah and all his house went up to offer to the LORD the yearly sacrifice and his vow. But Hannah did not go up, for she said to her husband, "Not until the child is weaned; then I will take him, that he may appear before the LORD and re-

