Church Life

Welcome to the West Covina Hills SDA Church Family!

We pray you will hear God speak to you through various ways and through His people. If you don't have a church home we would love to have you consider making us your church home. Guests and members please share with us your presence and any other information on the Communication Card in the pews and place them in the offering plate, thank you!

We also have wireless services for the hearing impaired. Please see a Deacon for assistance.

THIS WEEK AT WEST COVINA HILLS:

TODAY, August 9th — "God's Hand in Life" —10:45 a.m. Javier Castillo and Guidel Rivera

Men's Ministry Potluck

Get Connected—6:00 p.m.

Monday, August 11th—Finance Committee and Church Board meetings, 6:30 & 7:30

Wednesday, August 13th —Bible Study John 13 —7:00 p.m.

Friday, August 15th— Prayer Warriors —7:30 p.m.

UPCOMING EVENTS:

Sabbath, August 16th—Speaker: Nen Didara —10:45 a.m. Get Connected—6:00 p.m.

Wednesday, August 20th—Bible Study—John 14 —7:00 p.m.

Friday, August 22nd — Prayer Warriors—7:30 p.m.

Flowers today are given by Jeannette Hughes.

On August 23rd, Stephen Arrington will share his story of redemption during the church service, which promises to be a powerful moment. Steve has told his story many thousands of times over the past twenty years. Yet, he has never felt that he has truly shared what the love of Jesus and the Lord's forgiveness fully means to him. . . until now. . . Steve will have a special program for our Youth at 2:00 p.m. Sabbath, August 23rd and conclude with another message for vespers at 6:30 p.m. There will be a vegetarian potluck meal after the worship service hosted by Get Connected.

Host families are still needed for our Cross Trainer, Ellie Hua. Presently the months to be covered are November, December, January and February. If you are able to host Ellie at your home during any or all of the above months, please let the church office know. September is right around the corner and we are eagerly anticipating having Ellie join our church family with all she has to offer to us and our community. Ellie is just as eager to join us. Let's keep Ellie, our church and our community lifted up in prayer.

The Grand Reopening of Christian Books and Veggies, the Adventist Book Center in Glendale, is scheduled for Sunday, August 24 from 10:00 a.m. to 4:00 p.m.

It is with sadness we announce that Roy Villiers passed away last Sabbath morning, August 2, 2014. A memorial service will be held at West Covina Hills Church on Sunday August 10, 2014, at 2 p.m. All are welcome to attend. A reception will follow immediately after the memorial service.



July– August 2014

Adventurers on summer break

Pathfinders - 2014 Camporee at Oshkosh. WI—August 10—17

Cheerful Giving! August 2014	
Church Budget Monthly Goal:	\$17,500.00
Received to date in August:	\$ 2,987.58
Behind YTD as of July 31:	\$ 3,350.10
Total Scholarship Need per Month:	\$ 1,825.00
Lamb's Offering in July:	\$ 225.00

Mark any special offerings on the tithe envelope. All loose offerings go toward Church Budget.

Ministry Leaders

Adventurers - Mike Seader Children's S.S. Coordinator - Maria Botello Church Clerk - Celeste Mercy Head Deacon - Guidel "Guy" Rivera Head Deaconess - Pauline Reid Elder, Co-Head - Sam Ang Elder, Co-Head - Harry Walker Evangelism/Personal Ministries - Harry Walker **Evangelism/Personal Ministries -** Sam Ang Family Ministries -Greeters Ministry - Jeannette Hughes Health & Temperance Ministry - Corneliu Baciu Home & School - Charlotte Gadsby Interest Coordinator - Corneliu Baciu Men's Ministry - James Dawson **Music Committee -Pathfinders** - Sam Ang Pathfinders - Genemar Porsona **Religious Liberty** - Daniel Benitez Risk Management - Moe Hanna Sabbath School Secretary - Linda Barrett Treasurer - Daniel Weston Visitation - Mona Arce Visitation - Lupe Garcia WCH School Board Chair - A. D. Hall Women's Ministry Leader - Mickie Hall Youth - Nenad Didara

West Covina Hills Seventh-day Adventist Church 3536 East Temple Way, West Covina, CA 91791

Church Office Hours: Mon.--Thurs. 9:00-1:00; Fri.-Closed

Church Secretary: Celeste Mercy Fax: 626-339-2413 **Office:** 626-915-7819 **E-mail**: wchsdachurch@gmail.com Website: wchsdachurch.com West Covina Hills Seventh-day Adventist Church is now on Facebook

Pastor: Lew Gray

Home: 909-599-6425 E-mail: lgsayglory@yahoo.com

E-mail: nendidara@gmail.com

Home: 818-291-3796

Associate Pastor: Nenad Didara

WEST COVINA HILLS SEVENTH-DAY ADVENTIST CHURCH WELCOMES YOU



AUGUST 9, 2014

Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you. I Thessalonians 5:16-18

Mission Statement

"Christ's method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, 'Follow Me." MH p143

Sabbath School at 9:15 a.m.

Adults may attend any of these classes:

Class #1 (Sanctuary)	"To Know God"	Harry Walker
Class #2 (Training Room)	"His-story Class"	Adolfo Garcia
Class #3 (Library)	"Open Discussion"	Mildred Williams
Class #4 (Sanctuary)	"Contemporary Application"	Rotating Teachers
Class #5 (Pastor's Office)	"New Believers"	Lew Gray
Class #6 (Choir Room)	"Young Adults"	Sam Ang/Chris Ostos

Sabbath School Quarterlies: If you are in need of the Sabbath School Quarterly you can go on-line at www.ssnet.org, select "current lesson."

	www.BibleInfo.com	
	Children/Youth may attend any of these classes:	
Beginners	(Ages Birth-3)	Robyne Gray
Kindergarten	(Ages 3-5)	Isabel York
Primary 1	(Grades 1-2)	Maria Botello
Primary 2	(Grades 3-4)	Melanie Rumbaoa
Juniors	(Grades 5-6)	Corneliu Baciu
Earliteens	(Grades 7-8)	Jennifer Walker
Youth	(Grades 9-12)	Pastor Nen Didara/Tony York
	www.kidsbibleinfo.com	1

www.klasbibleinfo.com

Participants Today	
P.A.	Daniel Benitez/Sam Darnell
Church Chorister(s)	
Organist	
Church Pianist/keyboard	Alan Beaumont
Ushers and Deacons-Leader	Alex Garcia
Greeters 9-10 a.m.	Dorothy Gadsby
Concierges greeters 9-10 a.m.	Linda Barrett
Greeters 10-11 a.m.	Jeannette Hughes
Concierges greeters 10-11 a.m.	Renee Davis and Sarah Nwosu
Worship Coordinator (s)	Al Acevedo
Sabbath School Secretary	Lidia Baciu/Marilena Fox
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West Covina Hills School News

DATES TO REMEMBER:

August 10—Work Bee 9:00 a.m.—1:00 p.m. August 12—Registration 2:00 p.m.—7:00 p.m. August 19—First day of school—8:15 a.m.

Please continue your prayers for our school

We thank the WCH church family for all their continued support.	
West Covina Hills SDA School	Office: 626-859-5005
Principal: Angel Nair	Fax: 626-859-5724
Website:	www.wchas.adventistfaith.org
Follow us on Facebook:	https://www.facebook.com/WCHASchool

Sunset Time

Our Church at Worship

10:45 a.m. Prelude Alan Beaumont Welcome and Announcements Roberta Rivera *Please place your communication card in the offering plate* The bulletin is available on our website. **Singing with Praise RJ Ticzon & Friends Chester Hickman** Prayer Tithes & Offering AU/LLU/Oakwood **Christian Botello** Offertory Prayer of Dedication Oshkosh Camporee Attendees **Children's Story** Lew Gray Lambs Offering I John 4:7 Scripture Maria Botello Food Fresh Fruits **Special Music** "God's Hand in My Life" Javier Castillo and Guidel Rivera Whole, Unref Hymn of Dedication "Working, O Christ, with Thee" 582 Grains Chorister Bianca Botello **Before You're Dismissed** Video Raw Nuts and Seeds Benediction Lew Gray Postlude Alan Beaumont Thank you for placing your mobile phone and pagers on silent mode! Whole-Food **Prayer and Praise** Please pray for: Amy Bauzon, Jennipher Campbell, John Carpenter, Esther Chow, Globen Diaz, Richard Dizon, Betsy Hirayama, Kathy Ann Jenny, Jasminka Knecht, Roger Knecht, Terry Naffziger, Esther Ramos, Rita Ruelas, Virginia Shull, Jill Korolsky-Smith, Avadine Stut-First-Class B ages:

ler, Nancy (Duran) Willie, and for those who are currently serving our country: Danny Castillo, Eric Castillo, Jason Corless, Greg Ramirez, Scott Robertson, Brendon Roller, and TJ Wear.

Homebound Members: For information regarding homebound members call the church office at (626) 915-7819.

"Rejoice with those who rejoice; mourn with those who mourn" Romans 12:15

Notes:

Health Nugget			
Health Tips	FIRST-CLASS FOODS "Goodbye Diabetes" Dr. Wes Youngberg		
Food	Examples	Benefits	
Fresh Fruits	Apples, oranges, tangerines, grapefruits, pears, grapes, ber- ries, bananas, melons, apricots, cherries, coconut, kiwis, lemons, limes, nectarines, peaches, plums, strawberries	Good sources of energy with fiber, natural antioxidants, and vitamins, these fruits need to be balanced with healthy proteins and fats.	
Whole, Unrefined Grains	Barley, oatmeal, oat groats, qui- noa, brown rice, wild rice, Kamut, bulgur (cracked wheat), buck- wheat, millet, amaranth, spelt	Whole grains provide fiber and other nutrients missing in refined carbohydrates. These starches need to be balanced with healthy proteins and fats.	
Raw Nuts and Seeds	Walnuts, almonds, pecans, cash- ews, hazelnuts, macadamian nuts, pistachios, pine nuts, pumpkin seeds, sesame seeds, flax seeds, chia seeds, poppy seeds, sunflower seeds, old- fashioned peanut butter, almond butter, sunflower butter.	Nuts and seeds are good sources of heart-healthy fats, protein, and other nutrients. Because of their high fat con- tent, they should be used moderately.	
Whole-Food Fats	Whole olives, whole avocadoes, whole coconuts, nuts, seeds	Good sources of healthy fat and other nutrients, but high in calories. Should be used moderately.	
First-Class Bever- ages: Water, Fresh Pressed Vegeta- ble Juices	A wide variety of vegetables can be included in these juices. Mini- mal fruit can be added to en- hance flavor without spiking blood sugars.	Water is your beverage of choice. Be sure to stay well- hydrated by drinking plenty of water throughout the day. Fresh pressed vegetable juic- es are high in nutrients and phytochemicals.	