

Church Life

Welcome to the West Covina Hills SDA Church Family!

We pray you will hear God speak to you through various ways and through His people. If you don't have a church home we would love to have you consider making us your church home. **Guests and members please share with us your presence and any other information on the Communication Card in the pews and place them in the offering plate, thank you!**

We also have wireless services for the hearing impaired. Please see a Deacon for assistance.

THIS WEEK AT WEST COVINA HILLS:

TODAY, March 29th—Speaker: Lew Gray—10:45 a.m.
Communion
Get Connected—6:00 p.m.



Wednesday, April 2nd — Bible Study—7:00 p.m. Studying the book of John

Friday, April 4th —Prayer Meeting—7:30 p.m.

UPCOMING EVENTS:

Sabbath, April 5th—Speaker: Lew Gray—10:45 a.m.
Get Connected—6:00 p.m.

Wednesday, April 9th— Bible Study—7:00 p.m. Studying the book of John

Friday, April 11th— Prayer Meeting—7:30 p.m.

The Flower Chart is back!!! The cost is still the same: \$45. Only one arrangement per week. The chart is in the foyer. Please write or print legibly so the names and information are correct in the bulletin. If you see a week not sponsored, you can "cover it" and take that week's flowers home. You don't need a specific reason to sponsor flowers.

Creation Health training—Sept. 8, 9—for pastors, health ministry directors and others interested persons. 8:30 a.m.—4:00 p.m. Madera Room, Westin Pasadena, 191 North Los Robles Ave., Pasadena. Registration, \$149 Lunches are provided. More info: <http://creationhealth.com/tabid/3296/Default.aspx>

2014 Summer Camp Staff Needed: Looking for Adventist Christian young people who are at least 18 yrs. to work at Camp Cedar Falls this summer. Contact Pastor Bob Wong, Dir. Of Youth Ministries, 818-546-8439 for an application packet. It is also on-line at www.campcedarfalls.net

Dear Human Angels that came to my aid with physical help and prayers last Sabbath. I felt your love. My daughters took me to Urgent Care and nothing was broken. God is so good!! Mildred Williams

A big "thank you" on behalf of Get Connected. We are so grateful to all of you that came out to "Bless a Business" on Saturday night at the Parlor in San Dimas. We had over 50 church members show up and the owner was so happy to have us. Thanks for making the effort and for blessing him on behalf of West Covina Hills SDA Church.

The annual production of **Reflections at the Cross**, hosted by San Gabriel Academy, will be presented on the evenings of Friday, Saturday, April 11 & 12 at 6:30 p.m. at the Alhambra SDA Church. This special event includes powerful music and dramatic presentation. Based on Leslie Harding's book, "These Watched Him Die."

April 2014

Adventurers

4—6 — Family Camping Trip
27- WCHAS Spring Fair

9:00 a.m.—3:00 p.m.

Pathfinders

12—Club Meeting
19- Club Meeting

3:00 p.m.—5:00 p.m.
3:00 p.m.—5:00 p.m.

Cheerful Giving!

March 2014

Church Budget Monthly Goal:	\$17,500.00
Received to date in March:	\$17,408.74
Behind YTD as of February 28th:	\$ 3,014.45
Total Scholarship Need per Month:	\$ 1,900.00
Lamb's Offering in March:	\$ 1,153.75

Mark any special offerings on the tithe envelope.
All loose offerings go toward Church Budget.

Ministry Leaders

Adventurers - Mike Seader
Children's S.S. Coordinator - Maria Botello
Church Clerk - Celeste Mercy
Head Deacon - Guidel "Guy" Rivera
Head Deaconess - Pauline Reid
Elder, Co-Head - Sam Ang
Elder, Co-Head - Harry Walker
Evangelism/Personal Ministries - Harry Walker
Evangelism/Personal Ministries - Sam Ang
Family Ministries -
Greeters Ministry - Jeannette Hughes
Health & Temperance Ministry - Corneliu Baciu
Home & School - Charlotte Gadsby
Interest Coordinator - Corneliu Baciu
Men's Ministry - James Dawson
Music Committee -
Pathfinders - Sam Ang
Pathfinders - Genemar Porsona
Religious Liberty - Daniel Benitez
Risk Management - Moe Hanna
Sabbath School Secretary - Linda Barrett
Treasurer - Daniel Weston
Visitation - Mona Arce
Visitation - Lupe Garcia
WCH School Board Chair - A. D. Hall
Women's Ministry Leader - Mickie Hall
Youth - Nenad Didara

West Covina Hills Seventh-day Adventist Church

3536 East Temple Way, West Covina, CA 91791

Church Office Hours: Mon.--Thurs. 9:00-1:00; Fri.-Closed

Church Secretary: Celeste Mercy

Office: 626-915-7819

E-mail: wchsdachurch@gmail.com

Fax: 626-339-2413

Website: wchsdachurch.com

West Covina Hills Seventh-day Adventist Church is now on Facebook

Pastor: Lew Gray

Home: 909-599-6425

E-mail: lgsayglory@yahoo.com

Associate Pastor: Nenad Didara

Home: 818-291-3796

E-mail: nendidara@gmail.com

WEST COVINA HILLS SEVENTH-DAY ADVENTIST CHURCH WELCOMES YOU



MARCH 29, 2014

Rejoice always, **pray without ceasing**, in everything give thanks; for this is the will of God in Christ Jesus for you.

I Thessalonians 5:16-18

Mission Statement

"Christ's method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, 'Follow Me.'" MH p143

Sabbath School at 9:15 a.m.

Adults may attend any of these classes:

Class #1 (Sanctuary)	"To Know God"	Harry Walker
Class #2 (Training Room)	"His-story Class"	Adolfo Garcia
Class #3 (Library)	"Open Discussion"	Mildred Williams
Class #4 (Sanctuary)	"Contemporary Application"	Rotating Teachers
Class #5 (Pastor's Office)	"New Believers"	Lew Gray
Class #6 (Pastor's Office)	"Young Adults"	Sam Ang/Chris Ostos

Sabbath School Quarterlies: If you are in need of the Sabbath School Quarterly you can go on-line at www.ssnet.org, select "current lesson."

www.BibleInfo.com

Children/Youth may attend any of these classes:

Beginners	(Ages Birth-3)	Robyne Gray
Kindergarten	(Ages 3-5)	Isabel York
Primary 1	(Grades 1-2)	Maria Botello
Primary 2	(Grades 3-4)	Melanie Rumbaoa
Juniors	(Grades 5-6)	Corneliu Baci
Earliteens	(Grades 7-8)	Jennifer Walker
Youth	(Grades 9-12)	Pastor Nen Didara/Tony York

www.kidsbibleinfo.com

Participants Today

P.A.	Daniel Benitez/Sam Darnell
Church Chorister(s)	Monique Palaad
Organist	Edwin Rumbaoa
Church Pianist/keyboard	Melanie Rumbaoa
Ushers and Deacons-Leader	A.D. Hall
Greeters 9-10 a.m.	Jeannette Hughes
Concierges greeters 9-10 a.m.	Rosemary Caudillo
Greeters 10-11 a.m.	Jeannette Hughes
Concierges greeters 10-11 a.m.	Olga Lederer & Jojette Suguitan
Worship Coordinator (s)	Al Acevedo
Sabbath School Secretary	Liz Corless/Marilena Fox

West Covina Hills School News

DATES TO REMEMBER:

March	31 —Classes Resume
April	12 —Education Sabbath at WCH SDA Church

Please continue your prayers for our school

We thank the WCH church family for all their continued support.

West Covina Hills SDA School	Office: 626-859-5005
Principal: Angel Nair	Fax: 626-859-5724
Follow us on Facebook:	https://www.facebook.com/WCHASchool

Sunset Time

This week— 7:10

Next week— 7:15

Our Church at Worship

10:45 a.m.

Prelude		Edwin Rumbaoa
Welcome and Announcements		Lew Gray
	<i>Please place your communication card in the offering plate.</i> The bulletin is now available on our website.	
Hymns of Praise Chorister	"The Wonder of It All"	75 Monique Palaad
Prayer		Corneliu Baci
Tithes & Offering Offertory	Church Budget	Hilda Onsoe
Children's Story Lambs Offering		Lew Gray
Scripture	John 10:27-29	Haile Mackey
Special Music		
Sermon	"Double Clutch"	Lew Gray
Hymn of Dedication Chorister	"O Love That Wilt Not Let Me Go"	76 Monique Palaad
Benediction		Lew Gray
Postlude		Edwin Rumbaoa

Thank you for placing your mobile phone and pagers on silent mode!

Prayer and Praise

Please pray for: Amy Bauzon, Neysa Brooks, Rod and Makayla Casey, Esther Chow, Globen Diaz, Richard Dizon, Ray Glab, Raquel Gomez family, Valerie Hutaaruk, Kathy Ann Jenny, James King, Richard Miller, Terry Naffziger, Esther Ramos, Virginia Shull, Jill Korolsky-Smith, Charles Walker, Nancy (Duran) Willie, **and for those who are currently serving our country:** Jaime Avila, Danny Castillo, Eric Castillo, Jason Corless, David Gadsby, Greg Ramirez, Scott Robertson, Brendon Roller, and TJ Wear.

Homebound Members: For information regarding homebound members call the church office at (626) 915-7819.

"Rejoice with those who rejoice; mourn with those who mourn" Romans 12:15

Theme of Worship

Drowning People Can't Cry for Help

According to the U.S. Center for Disease Control, every day about ten people die from unintentional drowning. Drowning ranks fifth among the leading causes of unintentional injury death in the U.S. But there's at least one huge misconception about drowning: Many people assume that a drowning person will splash, yell, and wave for help. Wouldn't you? And isn't that what's often portrayed on movies and TV?

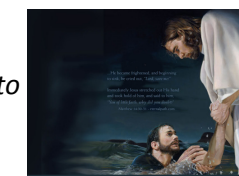
Actually, drowning is far from obvious. A report from The Journal of U.S. Coast Guard Search and Rescue has identified the "Instinctive Drowning Response." When someone is drowning, the person will instinctively display the following five characteristics:

1. Except in rare cases, drowning people are physically unable to call for help. That's because we're designed to breath first and speak later.
2. Drowning people can't stay above the water long enough for them to exhale, inhale, and call for help.
3. Drowning people cannot wave for help. They are forced to extend their arms laterally and press down on the waters' surface.
4. Drowning people cannot *voluntarily* move toward a rescuer or reach out for a piece of rescue equipment.
5. Unless recued by a trained lifeguard, drowning people can only struggle on the surface of the water for 20 to 60 seconds before sinking.

The Coast Guard emphasizes that the Instinctive Drowning Response is triggered by a host of autonomic nervous system responses. In other words, it is completely involuntary, unlearned, and unavoidable.

Thoughts to Consider

- ◇ *Those who are "drowning" emotionally, relationally, financially, or spiritually have a similar Instinctive Drowning Response. In other words, they often do not know how to cry for help, and unless rescued by another, they will continue to sink.*
- ◇ *We are helpless to save ourselves. Our salvation has to come from Christ's intervention.*



Health Nugget



Eating berries can lower your risk of heart disease significantly. A study of nearly 94,000 women found that those who ate three or more servings of blueberries and strawberries a week had a 32 percent lower risk of heart attack.



With peak mosquito season here, it's important to remember they spread diseases to humans and animals. Electric fans are an effective way to keep mosquitoes away from people and pets in the backyard. If you're unlucky enough to get bitten, a dab of simple household ammonia will counter some of the chemical reactions that make your skin itch.

