

Church Life

Welcome to the West Covina Hills SDA Church Family!

We pray you will hear God speak to you through various ways and through His people. If you don't have a church home we would love to have you consider making us your church home. **Guests and members please share with us your presence and any other information on the Communication Card in the pews and place them in the offering plate, thank you!**

We also have wireless services for the hearing impaired. Please see a Deacon for assistance.

THIS WEEK AT WEST COVINA HILLS:

TODAY, March 8th—Speaker: Nen Didara—10:45 a.m.

Get Connected—5:30 p.m.

Monday, March 10th— 4th Annual Golf Tournament Fundraiser for WCHAS families

Wednesday, March 12th — Bible Study—7:00 p.m. Studying the book of John

Friday, March 14th —Prayer Meeting—7:30 p.m.

UPCOMING EVENTS:

Sabbath, March 15th—Speaker: Nen Didara—10:45 a.m.

Get Connected—5:30 p.m.

Wednesday, March 19th— Bible Study—7:00 p.m. Studying the book of John

Friday, March 21st— Prayer Meeting—7:30 p.m.

The Flower Chart is back!!! You can now sign up to have flowers here to celebrate birthdays and anniversaries and well as remember loved ones resting in the Lord. Or "just because". The cost is still the same: \$45 and you can take them with you after the worship service. Only one arrangement per week, so be sure to sign up right away for the week you want. The chart is in the foyer. Please write or print legibly so the names and information are correct in the bulletin.

Transfer Out—First Reading:

Kevin Brown to Summersville SDA Church, Summersville, WV

FREE twelve week webinar: **Twelve Weeks to Wellness and Optimal Health!**

Series by Dr. Wes Youngberg. **March 10—June 2, 2014.** Every Monday from 6:00 p.m.—7:30 p.m. PST. Sign up at www.dryoungberg.com or on Facebook.

Handouts will also be available to print or download.



**Daylight Savings
Time Begins March 9**

**Remember to set your
clocks forward one hour.**

March 2014

Adventurers

8— Meeting 2:00 p.m.—4:00 p.m.
9— Meeting 10:00 a.m.—Noon
15— Adventurer Rally at White Memorial 3:00 p.m.
16— Adventurer Fun Day

Pathfinders

8— Club Meeting 3:00 p.m.—5:00 p.m.
9— Club Meeting 10:00 p.m—Noon

Cheerful Giving!

March 2014

Church Budget Monthly Goal:	\$17,500.00
Received to date in March:	\$ 5,537.87
Behind YTD as of February 28th:	\$ 3,014.45
Total Scholarship Need per Month:	\$ 1,900.00
Lamb's Offering in March:	\$ 461.75

Mark any special offerings on the tithe envelope.
All loose offerings go toward Church Budget.

Ministry Leaders

Adventurers - Mike Seader
Children's S.S. Coordinator - Maria Botello
Church Clerk - Celeste Mercy
Head Deacon - Guidel "Guy" Rivera
Head Deaconess - Pauline Reid
Elder, Co-Head - Sam Ang
Elder, Co-Head - Harry Walker
Evangelism/Personal Ministries - Harry Walker
Evangelism/Personal Ministries - Sam Ang
Family Ministries -
Greeters Ministry - Jeannette Hughes
Health & Temperance Ministry - Corneliu Baciu
Home & School - Charlotte Gadsby
Interest Coordinator - Corneliu Baciu
Men's Ministry - James Dawson
Music Committee -
Pathfinders - Sam Ang
Pathfinders - Genemar Porsona
Religious Liberty - Daniel Benitez
Risk Management - Moe Hanna
Sabbath School Secretary - Linda Barrett
Treasurer - Daniel Weston
Visitation - Mona Arce
Visitation - Lupe Garcia
WCH School Board Chair - A. D. Hall
Women's Ministry Leader - Mickie Hall
Youth - Nenad Didara

West Covina Hills Seventh-day Adventist Church

3536 East Temple Way, West Covina, CA 91791

Church Office Hours: Mon.--Thurs. 9:00-1:00; Fri.-Closed

Church Secretary: Celeste Mercy

Office: 626-915-7819

E-mail: wchsdachurch@gmail.com

Fax: 626-339-2413

Website: wchsdachurch.com

West Covina Hills Seventh-day Adventist Church is now on Facebook

Pastor: Lew Gray

Home: 909-599-6425

E-mail: lgsayglory@yahoo.com

Associate Pastor: Nenad Didara

Home: 818-291-3796

E-mail: nendidara@gmail.com

WEST COVINA HILLS SEVENTH-DAY ADVENTIST CHURCH WELCOMES YOU



MARCH 8, 2014

Rejoice always, **pray without ceasing**, in everything give thanks; for this is the will of God in Christ Jesus for you.

I Thessalonians 5:16-18

Mission Statement

"Christ's method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, 'Follow Me.'" MH p143

Sabbath School at 9:15 a.m.

Adults may attend any of these classes:

Class #1 (Sanctuary)	"To Know God"	Harry Walker
Class #2 (Training Room)	"His-story Class"	Adolfo Garcia
Class #3 (Library)	"Open Discussion"	Mildred Williams
Class #4 (Sanctuary)	"Contemporary Application"	Rotating Teachers
Class #5 (Pastor's Office)	"New Believers"	Lew Gray
Class #6 (Pastor's Office)	"Young Adults"	Sam Ang/Chris Ostos

Sabbath School Quarterlies: If you are in need of the Sabbath School Quarterly you can go on-line at www.ssnet.org, select "current lesson."

www.BibleInfo.com

Children/Youth may attend any of these classes:

Beginners	(Ages Birth-3)	Robyne Gray
Kindergarten	(Ages 3-5)	Isabel York
Primary 1	(Grades 1-2)	Maria Botello
Primary 2	(Grades 3-4)	Melanie Rumbaoa
Juniors	(Grades 5-6)	Corneliu Baci
Earliteens	(Grades 7-8)	Jennifer Walker
Youth	(Grades 9-12)	Pastor Nen Didara/Tony York

www.kidsbibleinfo.com

Participants Today

P.A.	Daniel Benitez/Sam Darnell
Church Chorister(s)	Colin Villiers
Organist	Edwin Rumbaoa
Church Pianist/keyboard	Melanie Rumbaoa
Ushers and Deacons-Leader	Luis Garcia
Greeters 9-10 a.m.	Dorothy Gadsby
Concierges greeters 9-10 a.m.	Rosemary Caudillo
Greeters 10-11 a.m.	Mireya Rojas
Concierges greeters 10-11 a.m.	Renee Davis & Jeannette Hughes
Worship Coordinator (s)	Al Acevedo
Sabbath School Secretary	Liz Corless/Rosemary Caudillo

West Covina Hills School News

DATES TO REMEMBER:

March

- 13— Tree Planting Field Trip
- 17- 28—Spring Break—No School
- 31—Classes Resume



Please continue your prayers for our school

We thank the WCH church family for all their continued support.

West Covina Hills SDA School

Office: 626-859-5005

Principal: Angel Nair

Fax: 626-859-5724

Follow us on Facebook:

<https://www.facebook.com/WCHASchool>

Sunset Time

This week— 5:55

Next week— 6:59

Our Church at Worship

10:45 a.m.

Prelude		Edwin Rumbaoa
Welcome and Announcements		Roberta Rivera
	<i>Please place your communication card in the offering plate.</i> The bulletin is now available on our website.	
Hymns of Praise Chorister	"Joyful, Joyful We Adore Thee"	12 Colin Villiers
Prayer		Pauline Reid
Tithes & Offering Offertory	Adventist World Radio	Corneliu Baci
Children's Story Lambs Offering		Heidi Craig
Scripture	Romans 8:31-39	Fred Davis
Special Music		
Sermon	"Three Hundred, Ten and the Power of ONE"	Nen Didara
Hymn of Dedication Chorister	"Trust and Obey"	590 Colin Villiers
Benediction		Nen Didara
Postlude		Edwin Rumbaoa

Thank you for placing your mobile phone and pagers on silent mode!

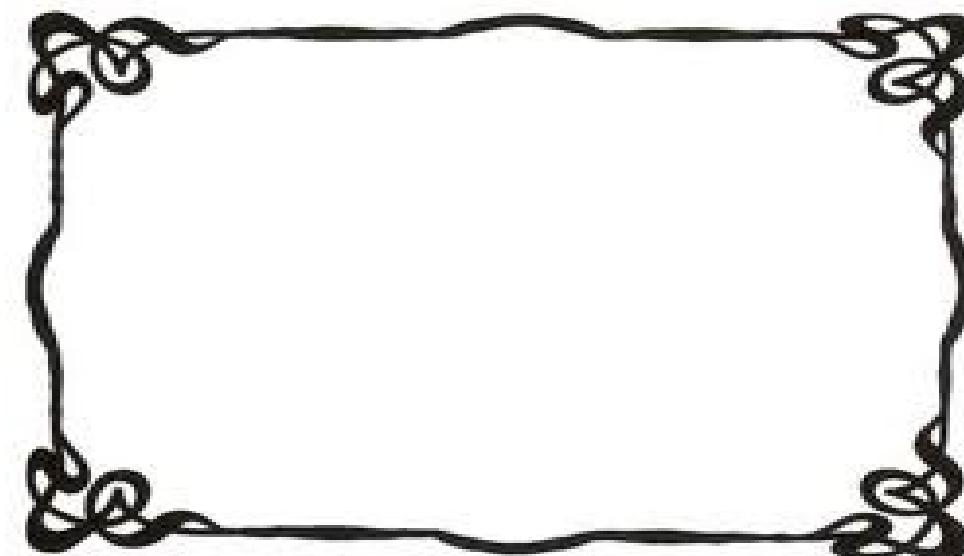
Prayer and Praise

Please pray for: Amy Bauzon, Neysa Brooks, Rod and Makayla Casey, Esther Chow, Thomas Cowan, Globen Diaz, Richard Dizon, Ray Glab, Raquel Gomez family, Valerie Hutauruk, Kathy Ann Jenny, James King, Richard Miller, Terry Naffziger, Esther Ramos Virginia Shull, Jill Korolsky-Smith, Charles Walker, Nancy (Duran) Willie, **and for those who are currently serving our country:** Jaime Avila, Danny Castillo, Eric Castillo, Jason Corless, David Gadsby, Greg Ramirez, Scott Robertson, Brendon Roller, and TJ Wear.

Homebound Members: For information regarding homebound members call the church office at (626) 915-7819.

"Rejoice with those who rejoice; mourn with those who mourn" Romans 12:15

This is the joy I feel when I trust God.



I can do all things through Christ who strengthens me.
Philippians 4:13

Health Nugget



He who cures a disease may be the skillfullest, but he that prevents it is the safest physician. - Thomas Fuller

Whole food, plant-based (WFPB) diet— Just how healthy is the WFPB diet? Let's pretend that all its effects could be achieved through a drug. Imagine a big pharmaceutical company holding a press conference to unveil a new pill called Eunitria. They unveil a list of scientifically proven effects of Eunitria that includes the following:

- Prevents 95 percent of all cancers, including those "caused" by environmental toxins.
- Prevents nearly all heart attacks and strokes
- Prevents and reverses Type 2 diabetes so quickly and profoundly that, after three days on this drug, it's dangerous for users to continue to use insulin.

What about side effects, you ask? Of course there are side effects. They include:

- Gets you to your ideal weight in a healthy and sustainable fashion
- Eliminates most migraines, acne, colds and flu, chronic pain, and intestinal distress
- Improves energy
- Cures erectile dysfunction (that makes the pill a blockbuster success all by itself!).

How healthy is the WFPB diet? It's hard to imagine anything healthier— or anything more effective at addressing our biggest health issues. Not only is WFPB the healthiest way of eating that has ever been studied, but it's far more effective in promoting health and preventing disease than prescription drugs, surgery, vitamin and herbal supplementation, and genetic manipulation.

If the WFPB diet were a pill, its inventor would be the wealthiest person on earth. Since it isn't a pill, no market forces conspire to advocate for it. No mass media campaign promotes it. No insurance coverage pays for it. Since it isn't a pill, and nobody has figured out how to get hugely wealthy by showing people how to eat it, the truth has been buried by half-truths, unverified claims, and downright lies. The concerted effort of many powerful interests to ignore, discredit, and hide the truth has worked so far. "Whole", T. Colin Campbell, Ph.D.