

## Church Life

### Welcome to the West Covina Hills SDA Church Family!

We pray you will hear God speak to you through various ways and through His people. If you don't have a church home we would love to have you consider making us your church home. **Guests and members please share with us your presence and any other information on the Communication Card in the pews and place them in the offering plate, thank you!**

**We also have wireless services for the hearing impaired.** Please see a Deacon for assistance.

### THIS WEEK AT WEST COVINA HILLS:

**TODAY, March 1st**— Speaker: Elder Larry Caviness—Pathfinder Sabbath  
—10:45 am

Get Connected—5:30 p.m.

**Wednesday, March 5th** — Bible Study—7:00 p.m. Studying the book of John

**Friday, March 7th** —Prayer Meeting—7:30 p.m.

### UPCOMING EVENTS:

**Sabbath, March 8th**—Speaker: Nen Didara—10:45 a.m.

**Monday, March 10th**— 4th Annual Golf Tournament Fundraiser for WCHAS families

**Wednesday, March 12th**— Bible Study—7:00 p.m. Studying the book of John

**Friday, March 14th**— Prayer Meeting—7:30 p.m.

**Forms for Baybarz & Endowment Scholarship applications** are available in the church office. Baybarz is for grades 5—12 and the Endowment is for grades 9—12/University.

**Our sympathies go to the Michael and Rossini Lim and their son, Mikee** for the loss of Rossini's mother, Libertad Alejandro Salvador on February 14, 2014. Her memorial and funeral service was held on Monday, February 24, 2014 at Forest Lawn, Covina Hills. Please keep the family in your prayers.

**Youth Game Night—**  
March 8 @ 6:30 p.m.

Don't miss it!!

Mark your calendars!



### March 2014

#### Adventurers

8- Meeting 2:00 p.m.—4:00 p.m.  
9- Meeting 10:00 a.m.—Noon  
15- Adventurer Rally at White Memorial 3:00 p.m.  
16- Adventurer Fun Day

#### Pathfinders

1- Pathfinder Sabbath/Hiking in afternoon  
8- Club Meeting 3:00 p.m.—5:00 p.m.  
9- Club Meeting 10:00 p.m.—Noon

### Cheerful Giving!

January 2014

<b>Church Budget Monthly Goal:</b>	<b>\$17,500.00</b>
Received to date in February:	\$ 8,736.48
Behind YTD as of January 31:	\$ 2,227.08
<b>Total Scholarship Need per Month:</b>	<b>\$ 1,850.00</b>
Lamb's Offering in February:	\$ 361.03

Mark any special offerings on the tithe envelope.  
All loose offerings go toward Church Budget.

### Ministry Leaders

**Adventurers** - Mike Seader  
**Children's S.S. Coordinator** - Maria Botello  
**Church Clerk** - Celeste Mercy  
**Head Deacon** - Guidel "Guy" Rivera  
**Head Deaconess** - Pauline Reid  
**Elder, Co-Head** - Sam Ang  
**Elder, Co-Head** - Harry Walker  
**Evangelism/Personal Ministries** - Harry Walker  
**Evangelism/Personal Ministries** - Sam Ang  
**Family Ministries** -  
**Greeters Ministry** - Jeannette Hughes  
**Health & Temperance Ministry** - Corneliu Baciu  
**Home & School** - Charlotte Gadsby  
**Interest Coordinator** - Corneliu Baciu  
**Men's Ministry** - James Dawson  
**Music Committee** -  
**Pathfinders** - Sam Ang  
**Pathfinders** - Genemar Porsona  
**Religious Liberty** - Daniel Benitez  
**Risk Management** - Moe Hanna  
**Sabbath School Secretary** - Linda Barrett  
**Treasurer** - Daniel Weston  
**Visitation** - Mona Arce  
**Visitation** - Lupe Garcia  
**WCH School Board Chair** - A. D. Hall  
**Women's Ministry Leader** - Mickie Hall  
**Youth** - Nenad Didara

### West Covina Hills Seventh-day Adventist Church

3536 East Temple Way, West Covina, CA 91791

**Church Office Hours: Mon.--Thurs. 9:00-1:00; Fri.-Closed**

**Church Secretary:** Celeste Mercy  
**Office:** 626-915-7819  
**E-mail:** wchsdachurch@gmail.com  
**Fax:** 626-339-2413  
**Website:** wchsdachurch.com  
**West Covina Hills Seventh-day Adventist Church is now on Facebook**

**Pastor:** Lew Gray  
**Home:** 909-599-6425  
**E-mail:** lgsayglory@yahoo.com

**Associate Pastor:** Nenad Didara  
**Home:** 818-291-3796  
**E-mail:** nendidara@gmail.com

WEST COVINA HILLS  
SEVENTH-DAY  
ADVENTIST  
CHURCH  
WELCOMES YOU

PATHFINDER  
SABBATH



MARCH 1, 2014

Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you.  
I Thessalonians 5:16-18

### Mission Statement

"Christ's method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, 'Follow Me.'" MH p143

# Sabbath School at 9:15 a.m.

## Adults may attend any of these classes:

Class #1 (Sanctuary)	"To Know God"	Harry Walker
Class #2 (Training Room)	"His-story Class"	Adolfo Garcia
Class #3 (Library)	"Open Discussion"	Mildred Williams
Class #4 (Sanctuary)	"Contemporary Application"	Rotating Teachers
Class #5 (Pastor's Office)	"New Believers"	Lew Gray
Class #6 (Pastor's Office)	"Young Adults"	Sam Ang/Chris Ostos

**Sabbath School Quarterlies:** If you are in need of the Sabbath School Quarterly you can go on-line at [www.ssnet.org](http://www.ssnet.org), select "current lesson."

[www.BibleInfo.com](http://www.BibleInfo.com)

## Children/Youth may attend any of these classes:

<b>Beginners</b>	(Ages Birth-3)	Robyne Gray
<b>Kindergarten</b>	(Ages 3-5)	Isabel York
<b>Primary 1</b>	(Grades 1-2)	Maria Botello
<b>Primary 2</b>	(Grades 3-4)	Melanie Rumbaoa
<b>Juniors</b>	(Grades 5-6)	Corneliu Baci
<b>Earliteens</b>	(Grades 7-8)	Jennifer Walker
<b>Youth</b>	(Grades 9-12)	Pastor Nen Didara/Tony York

[www.kidsbibleinfo.com](http://www.kidsbibleinfo.com)

## Participants Today

P.A.	Daniel Benitez/Sam Darnell
Church Chorister(s)	
Organist	
Church Pianist/keyboard	Jennifer Murrell
Ushers and Deacons-Leader	A.D. Hall
Greeters 9-10 a.m.	Jeannette Hughes
Concierges greeters 9-10 a.m.	Chester Hickman
Greeters 10-11 a.m.	Cherylee Robles & Astacia Bravo
Concierges greeters 10-11 a.m.	Udee Nwosu & Roberta Rivera
Worship Coordinator (s)	Al Acevedo
Sabbath School Secretary	Linda Barrett/Rose Carson

## West Covina Hills School News

### DATES TO REMEMBER:

- March**
- 6—Science Fair—7:00 p.m.
  - 13— Tree Planting Field Trip
  - 17- 28—Spring Break—No School
  - 31—Classes Resume



### Please continue your prayers for our school

We thank the WCH church family for all their continued support.

**West Covina Hills SDA School**

**Office:** 626-859-5005

**Principal:** Angel Nair

**Fax:** 626-859-5724

**Follow us on Facebook:**

<https://www.facebook.com/WCHASchool>

### Sunset Time

This week— 5:48

Next week— 5:55

# Our Church at Worship

10:45 a.m.

<b>Prelude</b>		Jennifer Murrell
<b>Welcome and Announcements</b>		Gered Porsona
	<i>Please place your communication card in the offering plate.</i> The bulletin is now available on our website.	
<b>Processional</b>		Color Guard Pathfinder Units Directors Staff
<b>Pledge of Allegiance</b>	<b>Pledge to the Bible</b>	<b>Pathfinder Song</b>
<b>Scripture</b>	1 Timothy 4:12	Kristofer Gultom
<b>Hymns of Praise</b>	<i>"I Will Early Seek the Savior"</i>	539
<b>Chorister</b>		Bianca Botello
<b>Prayer</b>		Astacia Bravo
<b>Tithes &amp; Offering</b>	Church Budget	Genemar Porsona
<b>Offertory</b>		Jeremy Ang
<b>Children's Story</b>		David Liu
<b>Lambs Offering</b>		Orrane Reid
<b>Special Music</b>		Dan & Jennifer Murrell
<b>Pathfinder Objective and "Happenings"</b>		Sam Ang
<b>"Why I Am A Pathfinder"</b>		Kiara Yamada
<b>Pathfinder Pledge</b>		
<b>"What Pathfinding Means To Me"</b>		Jeremy Ang
<b>Pathfinder Law</b>		
<b>Scripture</b>	Revelation 21:1-5	Kristofer Gultom
<b>Sermon</b>	<b>"Testimony of God's Love"</b>	Elder Larry Caviness
<b>Hymn of Dedication</b>	<i>"We Have This Hope"</i>	214
<b>Chorister</b>		Bianca Botello
<b>Benediction</b>		Elder Larry Caviness
<b>Recessional</b>		Jennifer Murrell
<b>Postlude</b>		Jennifer Murrell

*Thank you for placing your mobile phone and pagers on silent mode!*

### Prayer and Praise

**Please pray for:** Amy Bauzon, Neysa Brooks, Rod and Makayla Casey, Esther Chow, Thomas Cowan, Globen Diaz, Richard Dizon, Ray Glab, Raquel Gomez family, Valerie Hutaauruk, Kathy Ann Jenny, James King, Richard Miller, Terry Naffziger, Virginia Shull, Jill Korolsky-Smith, Charles Walker, Nancy (Duran) Willie, **and for those who are currently serving our country:** Jaime Avila, Danny Castillo, Eric Castillo, Jason Corless, David Gadsby, Greg Ramirez, Scott Robertson, Brendon Roller, and TJ Wear.

**Homebound Members:** For information regarding homebound members call the church office at (626) 915-7819.

*"Rejoice with those who rejoice; mourn with those who mourn" Romans 12:15*

# Pathfinder Sabbath

## Color Guard:

Ethan Porsona, Gered Porsona, Sarah Onsoe, Cadence Boan

## Pathfinder Units:

**Cougar**—Ethan Porsona (Captain), Patrick Utz, Roderick Utz, Gabriel Tena, Kristofer Gultom, Kevin Palar, Giulian Tena

**Jaguar** – Bianca Botello (Captain), Astacia Bravo, Cherylee Robles, Rachel Dawson

**Koala** – Sarah Onsoe (Captain), Emily Ramos, Cadance Boan, Kiara Yamada, Jozel Deleon, Jenali Cruz

**Falcon**- Jeremy Ang (Captain), Gered Porsona, Christopher Carrera, Brandon Palar, Orrane Reid, Justin Dixon, Jaden Paguio

**Directors:** Sam Ang and Genemar Porsona

**Staff:** Debbie Ang, Susan Benitez, Daniel Benitez, David Liu, Jennifer Murrell, Dan Murrell, Christian Botello

**Master Guide:** Gus Ramos

**Collecting Offering** - Gabriel Tena, Sarah Onsoe, Justin Dixon, Brandon Palar, Astacia Bravo, Cherylee Robles, Kevin Palar, Bianca Botello

## Health Nugget



*He who cures a disease may be the skillfullest, but he that prevents it is the safest physician. - Thomas Fuller*

**Whole food, plant-based (WFPB) diet**— Just how healthy is the WFPB diet? Let's pretend that all its effects could be achieved through a drug. Imagine a big pharmaceutical company holding a press conference to unveil a new pill called Eunutria. They unveil a list of scientifically proven effects of Eunutria that includes the following:

- Prevents 95 percent of all cancers, including those "caused" by environmental toxins.
- Prevents nearly all heart attacks and strokes
- Prevents and reverses Type 2 diabetes so quickly and profoundly that, after three days on this drug, it's dangerous for users to continue to use insulin.

What about side effects, you ask? Of course there are side effects. They include:

- Gets you to your ideal weight in a healthy and sustainable fashion
- Eliminates most migraines, acne, colds and flu, chronic pain, and intestinal distress
- Improves energy
- Cures erectile dysfunction (that makes the pill a blockbuster success all by itself!).

How healthy is the WFPB diet? It's hard to imagine anything healthier— or anything more effective at addressing our biggest health issues. Not only is WFPB the healthiest way of eating that has ever been studied, but it's far more effective in promoting health and preventing disease than prescription drugs, surgery, vitamin and herbal supplementation, and genetic manipulation.

If the WFPB diet were a pill, its inventor would be the wealthiest person on earth. Since it isn't a pill, no market forces conspire to advocate for it. No mass media campaign promotes it. No insurance coverage pays for it. Since it isn't a pill, and nobody has figured out how to get hugely wealthy by showing people how to eat it, the truth has been buried by half-truths, unverified claims, and downright lies. The concerted effort of many powerful interests to ignore, discredit, and hide the truth has worked so far.