

## Church Life

### Welcome to the West Covina Hills SDA Church Family!

We pray you will hear God speak to you through various ways and through His people. If you don't have a church home we would love to have you consider making us your church home. **Guests and members please share with us your presence and any other information on the Communication Card in the pews and place them in the offering plate, thank you!**

**We also have wireless services for the hearing impaired.**



Please see a Deacon for assistance.

### THIS WEEK AT WEST COVINA HILLS:

**TODAY, —January 3rd**—Speaker: Lew Gray—10:45 a.m.

**Wednesday, January 7th**—Bible Study—10 Days of Prayer—7:00 p.m.

**Friday, January 9th**—Agape Evening/Communion—6:30 p.m.

### UPCOMING EVENTS:

**Sabbath, January 10th**—Speaker: Lew Gray—10:45 a.m.

Homeless Ministry

**Wednesday, January 14th**—Bible Study—10 Days of Prayer—7:00 p.m.

**Friday, January 16th**—Prayer Warriors—7:30 p.m.



### Health Nugget Thank You Power

Thank you . . . It's more than words— it's an attitude. It's more than a feeling— it's a decision and a mental discipline. When it comes to mental and physical health, can gratitude really make a difference? There are more benefits of a thankful attitude than meets the eye! Positive traits like gratitude and optimism are linked to stronger relationships and better mental and physical health. In addition, a sense of personal growth and life purpose are associated with stronger immune function; lower blood pressure; reduced markers of inflammation; faster recovery from illness; and fewer deaths from all causes.

What is the profile of a person with these dispositional traits? Grateful people are more likely to:

1. Appreciate others who care about them
2. Believe their own lives have meaning and purpose
3. Believe in a good God who loves them
4. Appreciate simple pleasures
5. Actively express gratitude
6. Engage in grateful reflections
7. Not feel deprived
8. Not be resentful about their past

What we are describing here are mental habits and life perspectives, not just fleeting emotions. Do you see an area in this list that you would like to strengthen? More than one? It's never too late to grow in gratitude.



### January 2015 Adventurers

24—Meeting 2:00 p.m.—4:00 p.m.  
25—Meeting 10:00 a.m.—noon

### Pathfinders

10—Homeless Ministry  
11—Activity with disabled/handicapped  
17—Club meeting 3:00 p.m.—5:00 p.m.  
18—Club Meeting 10:00 a.m.—noon  
24—Church Potluck



### Cheerful Giving!

January 2015

**Church Budget Monthly Goal: \$17,500.00**  
Received to date in December: \$28,490.88  
Over YTD as of December 31: \$ 8,350.95

**Total Scholarship Need per Month: \$ 2,183.00**  
Lamb's Offering in December: \$ 1,218.44

**Gifts for Jesus: \$ 1,696.00**

Mark any special offerings on the tithe envelope.

All loose offerings go toward Church Budget.

### Ministry Leaders

626-487-5844 **Adventurers** - Alma Castaneda  
909-983-1890 **Adventurers**—Riris Huliselan  
626-339-5292 **Children's S.S. Coordinator** - Maria Botello  
626-915-3312 **Church Clerk** - Celeste Mercy  
909-594-3033 **Community Services**—Guidel "Guy" Rivera  
909-594-3033 **Head Deacon** - Guidel "Guy" Rivera  
626-917-3732 **Head Deaconess** - Pauline Reid  
909-396-1513 **Elder, Co-Head** - Sam Ang  
909-592-3579 **Elder, Co-Head** - Harry Walker  
909-592-3579 **Evangelism/Personal Ministries** - Harry Walker  
909-396-1513 **Evangelism/Personal Ministries** - Sam Ang  
626-652-5852 **Get Connected Ministry** —Marisela Garcia  
626-966-1882 **Greeters Ministry** - Jeannette Hughes  
909-860-1295 **Health & Temperance Ministry** - Corneliu Baciu  
909-560-6641 **Health & Temperance Ministry**—Sharon Tanghal  
909-592-3579 **Health & Temperance Ministry**—Jenne Walker  
909-591-6333 **Home & School** - Caroline Light  
909-620-4669 **Interest Coordinator** - Corneliu Baciu  
909-592-1416 **Men's Ministry**—James Dawson  
909-600-8831 **Music Committee** - Alan Beaumont  
909-240-1456 **Music Committee**—Casey Hughes  
626-367-4567 **Music Committee**—Gene Manners  
909-396-1513 **Pathfinders** - Sam Ang  
909-606-9676 **Pathfinders** - Genemar Porsona  
909-627-4559 **Religious Liberty** - Daniel Benitez

### Risk Management

909-569-7302 **Sabbath School Secretary** - Linda Barrett  
626-310-3250 **Treasurer** - Daniel Weston  
626-917-0686 **Visitation** - Lupe Garcia  
909-464-2287 **WCH School Board Chair** - A. D. Hall  
626-652-5852 **Wedding Coordinator**—Marisela Garcia  
909-464-2287 **Women's Ministry Leader** - Mickie Hall  
424-342-4333 **Youth** - Nenad Didara

### West Covina Hills Seventh-day Adventist Church

3536 East Temple Way, West Covina, CA 91791

**Church Office Hours: Mon.--Thurs. 9:00-1:00; Fri.-Closed**

**Church Secretary:** Celeste Mercy

**Office:** 626-915-7819

**E-mail:** wchsdachurch@gmail.com

**West Covina Hills Seventh-day Adventist Church is now on Facebook**

**Fax:** 626-339-2413

**Website:** wchsdachurch.com

**Pastor:** Lew Gray

**Home:** 909-599-6425

**E-mail:** lgsayglory@yahoo.com

**Associate Pastor:** Nenad Didara

**Home:** 424-342-4333

**E-mail:** nendidara@gmail.com

**Cross Trainer:** Ellie Hua

**Cell:** 626-627-1450

**Blog:** evangeliving.tumblr.com

**E-mail:** ellyx37@gmail.com

# WEST COVINA HILLS SEVENTH-DAY ADVENTIST CHURCH

## 2015 THE YEAR OF



## JANUARY 3, 2015

Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you.

I Thessalonians 5:16-18

### Mission Statement

"Christ's method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, 'Follow Me.'" MH p143

# Sabbath School at 9:15 a.m.

## Adults may attend any of these classes:

Class #1 (Sanctuary)	"To Know God"	Harry Walker
Class #2 (Training Room)	"His-story Class"	Adolfo Garcia
Class #3 (Library)	"Open Discussion"	Mildred Williams
Class #4 (Sanctuary)	"Contemporary Application"	Rotating Teachers
Class #5 (Pastor's Office)	"New Believers"	Low Gray
Class #6 (Choir Room)	"Young Adults"	Sam Ang/Chris Ostos

**Sabbath School Quarterlies:** If you are in need of the Sabbath School Quarterly you can go on-line at [www.ssnet.org](http://www.ssnet.org), select "current lesson."

[www.BibleInfo.com](http://www.BibleInfo.com)

## Children/Youth may attend any of these classes:

<b>Beginners</b>	(Ages Birth-3)	Robyne Gray
<b>Kindergarten</b>	(Ages 3-5)	Isabel York
<b>Primary 1</b>	(Grades 1-2)	Maria Botello
<b>Primary 2</b>	(Grades 3-4)	Melanie Rumbaoa
<b>Juniors</b>	(Grades 5-6)	Richard Alamillo
<b>Earliteens</b>	(Grades 7-8)	Jennifer Walker
<b>Youth</b>	(Grades 9-12)	Susan Benitez/Tony York

[www.kidsbibleinfo.com](http://www.kidsbibleinfo.com)

## Participants Today

P.A.	Daniel Benitez/Sam Darnell
Church Chorister(s)	Chester Hickman
Organist	Edwin Rumbaoa
Church Pianist/keyboard	Melanie Rumbaoa
Ushers and Deacons-Leader	A.D. Hall
Greeters 9-10 a.m.	Rosemary Caudillo
Concierges greeters 9-10 a.m.	Jeannette Hughes
Greeters 10-11 a.m.	Sarah Nwosu
Concierges greeters 10-11 a.m.	Roberta Rivera and Olga Lederer
Worship Coordinator (s)	Al Acevedo
Sabbath School Secretary	Aunda Muraviov/Marilena Fox

## West Covina Hills School News

### DATES TO REMEMBER: January

5—Classes Resume  
 19— MLK Day—No School  
 21 - School Spelling Bee  
 31 - Walk n' Roll Fundraiser



### Please continue your prayers for our school

We thank the WCH church family for all their continued support.

**West Covina Hills SDA School**

**Office:** 626-859-5005

**Principal:** Angel Nair

**Fax:** 626-859-5724

**Website:** [www.wchas.adventistfaith.org](http://www.wchas.adventistfaith.org)

**Follow us on Facebook:** <https://www.facebook.com/WCHASchool>



## Sunset Time

This week— 4:54

Next week— 5:00

# Our Church at Worship

10:45 a.m.

**Prelude** Edwin Rumbaoa

**Welcome and Announcements** Morris Sianturi

*Please place your communication card in the offering plate*  
 The bulletin is available on our website.

**Hymn of Praise** "I Sing the Mighty Power of God" 88  
**Chorister** Chester Hickman

**Prayer** Lillian Patton

**Tithes & Offering** Church Budget  
**Offertory**

**Children's Story** Lew Gray  
**Lambs Offering**

**Scripture** Colossians 2:6-7 Megan Walker

**Special Music** "In Times Like These" Gene Manners

**Preparing Our Hearts**  
 Pastor Nen and Team

**Sermon** "Owning Our Faith" Lew Gray

**Hymn of Dedication** "Draw Me Nearer" 306  
**Chorister** Chester Hickman

**Benediction** Lew Gray

**Postlude** Edwin Rumbaoa

*Thank you for placing your mobile phone and pagers on silent mode!*

## Prayer and Praise

**Please pray for:** Amy Bauzon, Steven Balderas, Jennipher Campbell, Esther Chow, Richard Dizon, Bradley Greaves, Melissa and Arlene Hernandez, Betsy Hirayama, Kathy Ann Jenny, Johnson family, Jasminka Knecht, Jose Moya, Esther Ramos, Elizabeth Rivera, Phil Sampson, Roosevelt Sampson, Virginia Shull, Jill Korolsky-Smith, Avadine Stutler, Nancy (Duran) Willie, **and for those who are currently serving our country:** Danny Castillo, Eric Castillo, Jason Corless, Greg Ramirez, Scott Robertson, Brendon Roller, and TJ Wear.

**Homebound Members:** For information regarding homebound members call the church office at (626) 915-7819.

*"Rejoice with those who rejoice; mourn with those who mourn" Romans 12:15*

# Theme of Worship

## "Get On the Wall"

Todd Skinner was one of the most respected rock climbers of his generation, but his greatest challenge was tackling Trango Tower, the world's highest freestanding spire, with a near vertical drop. It's also located in one of the most hostile and remote regions on the planet. When Todd went to find a sponsor for his expedition to free-climb Trango Tower, the experts told the sponsors that a wall that big, in a place that remote, was simply not meant to be climbed.

But Todd moved forward anyway, finding the right climbing team, and planning logistics like travel, food, jeeps, porters, permits, equipment, clothing, and tents. The biggest challenge came when, after years of preparation and a rugged 10-day cross-country trek, the climbers came face-to-face with the largest, tallest, smoothest, steepest rock wall they had ever seen.

Here's how Todd described that moment: "We turned a corner and there it was. . . Trango Tower rose stunningly before us. The reality hit us like a shock wave. We stopped dead in the middle of the track. . . No amount of bluff or bravado could hide the fact that we were absolutely horrified."

The team members had come for this challenge, but now it seemed too high, too vertical, too difficult, even for some of the best bigwall climbers in the world. Todd realized that there was only one way forward. In his words, they had to "get on the wall" even if they weren't completely prepared. Todd said,

The final danger in the preparation process of an expedition is the tendency to postpone leaving until every question has been answered, forgetting that the mountain is the only place the answers can definitively be found. . . No matter how well prepared you are, how honed your climbing skills, how vast your expertise, you cannot climb the mountain if you don't get to it.

So Todd and his three teammates "got on the wall." After 60 days on the wall, they finally reached the summit. Despite years of preparation and training, much of what they learned about climbing the tower was only learned *after* they "got on the wall." Adapted from David Sturt, *Great Work* (McGraw Hill, 2014), pp. 160-163

