

## Church Life

### Welcome to the West Covina Hills SDA Church Family!

We pray you will hear God speak to you through various ways and through His people. If you don't have a church home we would love to have you consider making us your church home. **Guests and members please share with us your presence and any other information on the Communication Card in the pews and place them in the offering plate, thank you!**

**We also have wireless services for the hearing impaired.**



Please see a Deacon for assistance.

### THIS WEEK AT WEST COVINA HILLS:

**TODAY, —December 20th—**Speaker: Lew Gray—10:45 a.m.

**Wednesday, December 24th —** No Bible Study meetings until January 7, 2015

**Thursday, December 25th—Christmas Day—**church office is closed

**Friday, December 26th—**Prayer Warriors—7:30 p.m.

### UPCOMING EVENTS:

**Sabbath, December 27th—**Speaker: Nen Didara—10:45 a.m.

**Wednesday, December 31st—**No Bible Study meetings until January 7, 2015

**Thursday, January 1st—New Year's Day—**church office is closed

**Friday, January 2nd—**Prayer Warriors—7:30 p.m.

If you have changed your address since December 2013, and want to receive your tithing receipt/statement for the 2014 tax year, please be sure to put the new address on the tithing envelope and put a \* next to it so the treasurer will know it is a change. You might also want to let the church office know if there has been any change to any of your contact information.

**Dec. 25 - "Peace on Earth," a Christmas TV special, is airing on KABC-TV (Channel 7) at 1:05a.m. Christmas morning. Set your DVR! Info:VOP.com**

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 • **Last day to turn in tithes and offerings for 2014 tax year is December 31st—**  
 • **1:00 p.m. to the office; 8:00 p.m. online.**  
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**Second Reading—West Covina Hills Church Delegates to the 64th Southern California Conference Constituency Session to be held on Sunday, May 17, 2015:**

Richard Alamillo	Sam Ang	Corneliu Baci
Susan Benitez	Javier Castillo	Alex Garcia
Marisela Garcia	A. D. Hall—Chairperson	Chester Hickman
Guidel Rivera	Morris Sianturi	Harry Walker
Megan Walker		

### January 2015 Adventurers

24—Meeting	2:00 p.m.—4:00 p.m.
25—Meeting	10:00 a.m.—noon

### Pathfinders

10—Homeless Ministry	
11—Activity with disabled/handicapped	
17—Church Potluck, Club meeting	3:00 p.m.—5:00 p.m.
18—Club Meeting	10:00 a.m.—noon

### Cheerful Giving! December 2014

<b>Church Budget Monthly Goal:</b>	<b>\$17,500.00</b>
Received to date in December:	\$13,350.42
Behind YTD as of November 30:	\$ 2,639.93

<b>Total Scholarship Need per Month:</b>	<b>\$ 2,183.00</b>
Lamb's Offering in December:	\$ 732.19

**Gifts for Jesus:** \$ 1,329.00

Mark any special offerings on the tithing envelope.  
All loose offerings go toward Church Budget.

### Ministry Leaders

**Adventurers** - Alma Castaneda  
**Adventurers**—Riris Huliselan  
**Children's S.S. Coordinator** - Maria Botello  
**Church Clerk** - Celeste Mercy  
**Community Services**—Guidel "Guy" Rivera  
**Head Deacon** - Guidel "Guy" Rivera  
**Head Deaconess** - Pauline Reid  
**Elder, Co-Head** - Sam Ang  
**Elder, Co-Head** - Harry Walker  
**Evangelism/Personal Ministries** - Harry Walker  
**Evangelism/Personal Ministries** - Sam Ang  
**Get Connected Ministry** —Marisela Garcia  
**Greeters Ministry** - Jeannette Hughes  
**Health & Temperance Ministry** - Corneliu Baci  
**Health & Temperance Ministry**—Sharon Tanghal  
**Health & Temperance Ministry**—Jenne Walker  
**Home & School** - Caroline Light  
**Interest Coordinator** - Corneliu Baci  
**Music Committee** - Alan Beaumont  
**Music Committee**—Casey Hughes  
**Music Committee**—Gene Manners  
**Pathfinders** - Sam Ang  
**Pathfinders** - Genemar Porsona  
**Religious Liberty** - Daniel Benitez  
**Risk Management**  
**Sabbath School Secretary** - Linda Barrett  
**Treasurer** - Daniel Weston  
**Visitation** - Lupe Garcia  
**WCH School Board Chair** - A. D. Hall  
**Wedding Coordinator**—Marisela Garcia  
**Women's Ministry Leader** - Mickie Hall  
**Youth** - Nenad Didara

# WEST COVINA HILLS SEVENTH-DAY ADVENTIST CHURCH



## DECEMBER 20, 2014

Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you.

I Thessalonians 5:16-18

### Mission Statement

"Christ's method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, 'Follow Me.'" MH p143

### West Covina Hills Seventh-day Adventist Church

3536 East Temple Way, West Covina, CA 91791

**Church Office Hours: Mon.--Thurs. 9:00-1:00; Fri.-Closed**

**Church Secretary:** Celeste Mercy

**Office:** 626-915-7819

**E-mail:** wchsdachurch@gmail.com

**Fax:** 626-339-2413

**Website:** wchsdachurch.com

**West Covina Hills Seventh-day Adventist Church is now on Facebook**

**Pastor:** Lew Gray

**Home:** 909-599-6425

**E-mail:** lgsayglory@yahoo.com

**Associate Pastor:** Nenad Didara

**Home:** 424-342-4333

**E-mail:** nendidara@gmail.com

**Cross Trainer:** Ellie Hua

**Cell:** 626-627-1450

**Blog:** evangeliving.tumblr.com

**E-mail:** ellyx37@gmail.com

# Sabbath School at 9:15 a.m.

## Adults may attend any of these classes:

Class #1 (Sanctuary)	"To Know God"	Harry Walker
Class #2 (Training Room)	"His-story Class"	Adolfo Garcia
Class #3 (Library)	"Open Discussion"	Mildred Williams
Class #4 (Sanctuary)	"Contemporary Application"	Rotating Teachers
Class #5 (Pastor's Office)	"New Believers"	Low Gray
Class #6 (Choir Room)	"Young Adults"	Sam Ang/Chris Ostos

**Sabbath School Quarterlies:** If you are in need of the Sabbath School Quarterly you can go on-line at [www.ssnet.org](http://www.ssnet.org), select "current lesson."

[www.BibleInfo.com](http://www.BibleInfo.com)

## Children/Youth may attend any of these classes:

<b>Beginners</b>	(Ages Birth-3)	Robyne Gray
<b>Kindergarten</b>	(Ages 3-5)	Isabel York
<b>Primary 1</b>	(Grades 1-2)	Maria Botello
<b>Primary 2</b>	(Grades 3-4)	Melanie Rumbaoa
<b>Juniors</b>	(Grades 5-6)	Richard Alamillo
<b>Earliteens</b>	(Grades 7-8)	Jennifer Walker
<b>Youth</b>	(Grades 9-12)	Susan Benitez/Tony York

[www.kidsbibleinfo.com](http://www.kidsbibleinfo.com)

## Participants Today

P.A.	Daniel Benitez/Sam Darnell
Church Chorister(s)	Megan Walker
Organist	Edwin Rumbaoa
Church Pianist/keyboard	Melanie Rumbaoa
Ushers and Deacons-Leader	Morris Sianturi
Greeters 9-10 a.m.	Edward Luevano
Concierges greeters 9-10 a.m.	Audree Leuvano
Greeters 10-11 a.m.	Olga Lederer
Concierges greeters 10-11 a.m.	Gerda Mamora and Jeannette Hughes
Worship Coordinator (s)	Al Acevedo
Sabbath School Secretary	Rose Carson/Linda Barrett

## West Covina Hills School News

### DATES TO REMEMBER:

December/January:  
22—January 5—Christmas Vacation (no school)

### Please continue your prayers for our school

We thank the WCH church family for all their continued support.

**West Covina Hills SDA School**

**Principal:** Angel Nair

**Website:** [www.wchas.adventistfaith.org](http://www.wchas.adventistfaith.org)

**Follow us on Facebook:** <https://www.facebook.com/WCHASchool>

**Office:** 626-859-5005

**Fax:** 626-859-5724



## Sunset Time

This week— 4:46

Next week— 4:50

# Our Church at Worship

10:45 a.m.

<b>Prelude</b>		Edwin Rumbaoa
<b>Welcome and Announcements</b>		Low Gray
	<i>Please place your communication card in the offering plate</i> The bulletin is available on our website.	
<b>Hymn of Praise Chorister</b>	"O, Come All Ye Faithful"	132 Megan Walker
<b>Prayer</b>		Corneliu Baci
<b>Tithes &amp; Offering Offertory</b>	Church Budget "First Christmas March"	Hilda Onsoe Jared Worrell Ingrid Chan, Accompanist
<b>Children's Story Lambs Offering</b>		Angel Nair
<b>Scripture</b>	Luke 2:1-7	Guidel Rivera
<b>Special Music</b>	"I Wonder as I Wander"	Casey Hughes
<b>Sermon</b>	"What Time Is It"	Low Gray
<b>Hymn of Dedication Chorister</b>	"It Came Upon a Midnight Clear"	130 Megan Walker
<b>Benediction</b>		Low Gray
<b>Postlude</b>		Edwin Rumbaoa

*Thank you for placing your mobile phone and pagers on silent mode!*

### Prayer and Praise

**Please pray for:** Amy Bauzon, Steven Balderas, Jennipher Campbell, Esther Chow, Richard Dizon, Bradley Greaves, Melissa and Arlene Hernandez, Betsy Hirayama, Kathy Ann Jenny, Johnson family, Jasminka Knecht, Jose Moya, Esther Ramos, Elizabeth Rivera, Phil Sampson, Roosevelt Sampson, Virginia Shull, Jill Korolsky-Smith, Avadine Stutler, Nancy (Duran) Willie, **and for those who are currently serving our country:** Danny Castillo, Eric Castillo, Jason Corless, Greg Ramirez, Scott Robertson, Brendon Roller, and TJ Wear.

**Homebound Members:** For information regarding homebound members call the church office at (626) 915-7819.

*"Rejoice with those who rejoice; mourn with those who mourn" Romans 12:15*

# Theme of Worship

## What Time Is It?

*When the fullness of the time had come, God sent forth His Son.*  
*Galatians 4:4*

The old adage is true: Timing is everything! That's why Paul's statement, "When the fullness of time had come, God sent forth His Son" intrigues me so much (Gal. 4:4).

A quick look at history reveals that the coming of Christ was at just the right time. Centuries earlier, Alexander the Great conquered most of the known world, bringing with him the Greek culture and language. On the heels of his demise, the Roman Empire picked up where Alexander left off and expanded the territory under the unifying influence of the culture and language of the Greeks. It was under Roman rule that the crucifixion took place, where the blood of Christ was shed for us. It was under the rule of Rome that conditions were made ready for the spread of the gospel across three continents: good roads, territorial boundaries free of "passport" restrictions, and a unifying language. The providence of God had put all the pieces in place for the perfect time to send His Son.

God's timing is perfect in everything. While you are waiting, perhaps wondering why God doesn't seem to be acting on your behalf, remember that He's working behind the scenes to prepare His moment of intervention at just the right time. Trust Him. He knows what time it is. ~ Joe Stowell

*Lord, in Your infinite wisdom and power, You work behind the scenes to prepare all things for just the right time. Teach me to wait well and to trust You to know when the fullness of time has come.*

**Teach us, O Lord, the disciplines of patience, for to wait is often harder than to work.** ~ Marshall

**Sources for today's sermon:** *Bible, Desire of Ages*, the "Unbelievable, True Story of Christmas" by Darrell Johnson, God's "Troublesome" Timing by John Maxwell, Jesus Moved Into a Sordid Neighborhood by Philip Yancey, A Cosmic Culmination by Chuck Colson



## Health Nugget

### Building a Better Brain

*One Bite at a Time!*

Nutrition has a powerful effect on the structure, function, metabolism, and genetics of the brain. That means that positive dietary choices impact mood, memory, learning, and stress-sensitivity, as well as overall physical function.

Good nutrition is the foundation of a brain-building lifestyle that includes daily exercise; refreshing sleep and planned periods of relaxation; strong social ties; stress management; internal positive attitudes; and a spiritual connection with God.

### Build Your Brain with:

- Choose Healthful Fats  
F-A-T is not spelled B-A-D! Healthy fats:
  - Helps** cells become more flexible, permeable, resilient
  - Improves** brain health; they also have a calming effect and aid in depression
  - Supplies** powerful antioxidants and flavonoids to fight cell damage, inflammation, and cancer
  - Provides** energy, insulation and heat conservation
  - Transports** important fat-soluble vitamins and health-boosting plant phytochemicals

**Choose 30—70 grams per day.** Sources: nuts, seeds, olives, avocados, olive oil, canola oil, soy oil Omega-3 fats are found in flax seed, walnuts, soy.