

Church Life

Welcome to the West Covina Hills SDA Church Family!

We pray you will hear God speak to you through various ways and through His people. If you don't have a church home we would love to have you consider making us your church home. **Guests and members please share with us your presence and any other information on the Communication Card in the pews and place them in the offering plate, thank you!**

We also have wireless services for the hearing impaired.



Please see a Deacon for assistance.



THIS WEEK AT WEST COVINA HILLS:

TODAY, —December 13th—“All is Well” - WCH Christmas program—10:45 a.m.
Get Connected—5:30 p.m.

Wednesday, December 17th — No Bible Study meetings until January 7, 2015

Friday, December 19th—Prayer Warriors—7:30 p.m.

UPCOMING EVENTS:

Sabbath, December 20th—Speaker: Lew Gray—10:45 a.m.

Wednesday, December 24th—No Bible Study meetings until January 7, 2015

Thursday, December 25th—Christmas Day—church office is closed

Friday, December 26th—Prayer Warriors—7:30 p.m.

The flowers this week are in celebration of Rolly and Myrna Tizon's anniversary. Congratulations to the two of you!! You didn't say how many years!

If you have changed your address since December 2013, and want to receive your tithe receipt/statement for the 2014 tax year, please be sure to put the new address on the tithe envelope and put a * next to it so the treasurer will know it is a change. You might also want to let the church office know if there has been any change to any of your contact information.

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 • **Last day to turn in tithes and offerings for 2014 tax year is December 31st—**
 • **1:00 p.m. to the office; 8:00 p.m. online.**

Prayer Shawls/throws are available from Bonnie Wear, Lillian Patton or the church office for those who would like to take one to someone ill when visiting.

West Covina Hills Church Delegates to the 64th Southern California Conference Constituency Session to be held on Sunday, May 17, 2015:

Richard Alamillo	Sam Ang	Cornelius Baci
Susan Benitez	Javier Castillo	Alex Garcia
Marisela Garcia	A. D. Hall—Chairperson	Chester Hickman
Guidel Rivera	Morris Sianturi	Harry Walker
Megan Walker		

December 2014

Adventurers

13—Caroling at Bridgecreek/Christmas Party 3:30 p.m.—7:00 p.m.

Pathfinders

13—Homeless Feeding
 20—Caroling at Bridgecreek/Christmas Party

Cheerful Giving!

December 2014

Church Budget Monthly Goal:	\$17,500.00
Received to date in December:	\$ 7,627.30
Behind YTD as of November 30:	\$ 2,639.93
 Total Scholarship Need per Month:	 \$ 2,183.00
Lamb's Offering in December:	\$ 489.00

Mark any special offerings on the tithe envelope.
 All loose offerings go toward Church Budget.

Ministry Leaders

Adventurers - Alma Castaneda
Adventurers—Riris Huliselan
Children's S.S. Coordinator - Maria Botello
Church Clerk - Celeste Mercy
Community Services—Guidel “Guy” Rivera
Head Deacon - Guidel “Guy” Rivera
Head Deaconess - Pauline Reid
Elder, Co-Head - Sam Ang
Elder, Co-Head - Harry Walker
Evangelism/Personal Ministries - Harry Walker
Evangelism/Personal Ministries - Sam Ang
Get Connected Ministry —Marisela Garcia
Greeters Ministry - Audree Luevano
Health & Temperance Ministry - Corneliu Baci
Health & Temperance Ministry—Sharon Tanghal
Health & Temperance Ministry—Jenne Walker
Home & School - Caroline Light
Interest Coordinator - Corneliu Baci
Music Committee - Alan Beaumont
Music Committee—Casey Hughes
Music Committee—Gene Manners
Pathfinders - Sam Ang
Pathfinders - Genemar Porsona
Religious Liberty - Daniel Benitez
Risk Management
Sabbath School Secretary - Linda Barrett
Treasurer - Daniel Weston
Visitation - Lupe Garcia
WCH School Board Chair - A. D. Hall
Wedding Coordinator—Marisela Garcia
Women's Ministry Leader - Mickie Hall
Youth - Nenad Didara

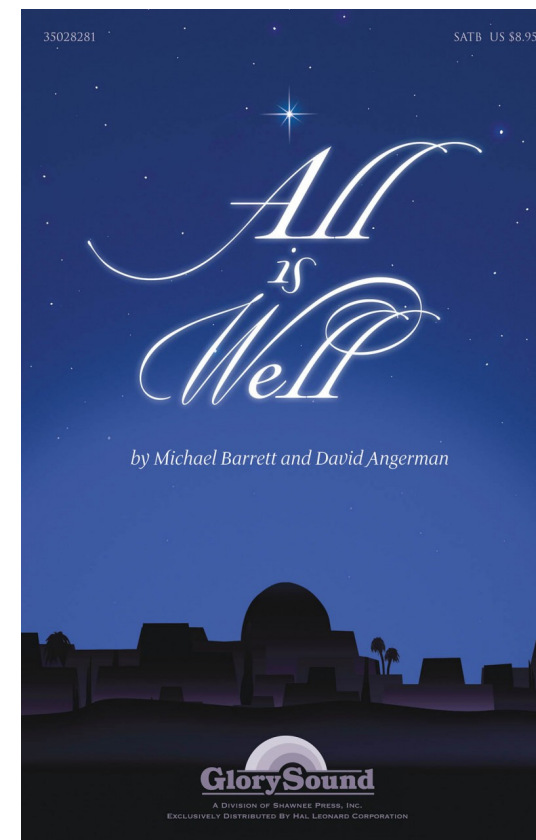
West Covina Hills Seventh-day Adventist Church

3536 East Temple Way, West Covina, CA 91791

Church Office Hours: Mon.--Thurs. 9:00-1:00; Fri.-Closed

Church Secretary: Celeste Mercy
Office: 626-915-7819 **Fax:** 626-339-2413
E-mail: wchsdachurch@gmail.com **Website:** wchsdachurch.com
West Covina Hills Seventh-day Adventist Church is now on Facebook
Pastor: Lew Gray **Home:** 909-599-6425
E-mail: lgsayglory@yahoo.com
Associate Pastor: Nenad Didara **Home:** 818-291-3796
E-mail: nendidara@gmail.com
Cross Trainer: Ellie Hua **Cell:** 626-627-1450
Blog: evangeliving.tumblr.com **E-mail:** ellyx37@gmail.com

WEST COVINA HILLS SEVENTH-DAY ADVENTIST CHURCH



DECEMBER 13, 2014

Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you.
 I Thessalonians 5:16-18

Mission Statement

“Christ’s method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, ‘Follow Me.’” MH p143

Sabbath School at 9:15 a.m.

Adults may attend any of these classes:

Class #1 (Sanctuary)	"To Know God"	Harry Walker
Class #2 (Training Room)	"His-story Class"	Adolfo Garcia
Class #3 (Library)	"Open Discussion"	Mildred Williams
Class #4 (Sanctuary)	"Contemporary Application"	Rotating Teachers
Class #5 (Pastor's Office)	"New Believers"	Lew Gray
Class #6 (Choir Room)	"Young Adults"	Sam Ang/Chris Ostos

Sabbath School Quarterlies: If you are in need of the Sabbath School Quarterly you can go on-line at www.ssnet.org, select "current lesson."

www.BibleInfo.com

Children/Youth may attend any of these classes:

Beginners	(Ages Birth-3)	Robyne Gray
Kindergarten	(Ages 3-5)	Isabel York
Primary 1	(Grades 1-2)	Maria Botello
Primary 2	(Grades 3-4)	Melanie Rumbaoa
Juniors	(Grades 5-6)	Richard Alamillo
Earliteens	(Grades 7-8)	Jennifer Walker
Youth	(Grades 9-12)	Susan Benitez/Tony York

www.kidsbibleinfo.com

Participants Today

P.A.	Daniel Benitez/Sam Darnell
Church Chorister(s)	Marilyn Villiers, Choir
Organist	
Church Pianist/keyboard	
Ushers and Deacons-Leader	Luis Garcia
Greeters 9-10 a.m.	Linda Barrett
Concierges greeters 9-10 a.m.	Bonnie Wear
Greeters 10-11 a.m.	Sarah Nwosu
Concierges greeters 10-11 a.m.	Renee Davis and Jeannette Hughes
Worship Coordinator (s)	Al Acevedo
Sabbath School Secretary	Lidia Baciu/Marilena Fox

West Covina Hills School News

DATES TO REMEMBER:

December/January:

22—January 5—Christmas Vacation (no school)

Please continue your prayers for our school

We thank the WCH church family for all their continued support.

West Covina Hills SDA School

Office: 626-859-5005

Principal: Angel Nair

Fax: 626-859-5724

Website: www.wchas.adventistfaith.org

Follow us on Facebook: <https://www.facebook.com/WCHASchool>

Sunset Time

This week— 4:44

Next week— 4:46

Our Church at Worship

10:45 a.m.

Prelude		
Welcome and Announcements		Roberta Rivera
Hymn of Praise	#136 "Good Christians, Now Rejoice"	Marilyn Villiers, Choir
Prayer		Christian Botello
Prayer Response	#566 "Father, We Thank Thee"	Marilyn Villiers, Choir
Tithes & Offering	Adventist Community Services	Christian Botello
Offertory	#118 "The First Noel"	Marilyn Villiers, Choir
Children's Story		Alan Beaumont
Lambs Offering	#141 "What Child Is This?"	Marilyn Villiers, Choir

*** West Covina Hills Christmas Program "All is Well"

Angels' Proclamation Lead Angels

"Prepare Ye the Way"
Choir, Shepherds, Mary and Joseph

"He Became Poor"/"Thou Didst Leave Thy Throne"
Soloists: Gene Manners and Erlando Nepomuceno

"O Savior of our Fallen Race"
Choir, Wise Men
Duet: Casey Hughes and Jenne Walker

"O Holy Night" Hands of Praise

Gifts for Jesus "Here I Am to Worship"/"O Come All Ye Faithful"
(Congregation bring gifts) Choir

"Light of the Stable" Choir, Lead Angels, Lil' Angels

Benediction Lew Gray

Postlude "Joy to the World" Choir

Thank you for placing your mobile phone and pagers on silent mode!

Prayer and Praise

Please pray for: Amy Bauzon, Steven Balderas, Jennipher Campbell, Esther Chow, Richard Dizon, Bradley Greaves, Betsy Hirayama, Kathy Ann Jenny, Johnson family, Jasminka Knecht, Jose Moya, Esther Ramos, Phil Sampson, Roosevelt Sampson, Virginia Shull, Jill Korolsky-Smith, Avadine Stutler, Nancy (Duran) Willie, **and for those who are currently serving our country:** Danny Castillo, Eric Castillo, Jason Corless, Greg Ramirez, Scott Robertson, Brendon Roller, and TJ Wear.

Homebound Members: For information regarding homebound members call the church office at (626) 915-7819.

"Rejoice with those who rejoice; mourn with those who mourn" Romans 12:15

Choir Director: Gene Manners

Accompanists: Edwin and Alyssa Rumbaoa

Chorister: Marilyn Villiers

Narration: Gered Porsona

Music: West Covina Hills Choir, Gene Manners, Erland Nepomuceno, "Hands of Praise"

Mary & Joseph: Morris and Carolyn Sianturi

Lead Angels: Arturo Sanguio, Monique Palaad, Nicole Tena, Gabriel Tena

Lil' Angels: West Covina Hills Children

Shepherds: Christian Botello, Ryan Castaneda, Kuda Gwasira

Wise Men: Al Acevedo, German Botello, Tasi Garcia

Audio/Visual: Daniel Benitez and West Covina Hills AV ministry team



Health Nugget

Building a Better Brain

One Bite at a Time!

Nutrition has a powerful effect on the structure, function, metabolism, and genetics of the brain. That means that positive dietary choices impact mood, memory, learning, and stress-sensitivity, as well as overall physical function.

Good nutrition is the foundation of a brain-building lifestyle that includes daily exercise; refreshing sleep and planned periods of relaxation; strong social ties; stress management; internal positive attitudes; and a spiritual connection with God.

Build Your Brain with:

2. Choose Healthful Fats

F-A-T is not spelled B-A-D! Healthy fats:

- **Helps** cells become more flexible, permeable, resilient
- **Improves** brain health; they also have a calming effect and aid in depression
- **Supplies** powerful antioxidants and flavonoids to fight cell damage, inflammation, and cancer
- **Provides** energy, insulation and heat conservation
- **Transports** important fat-soluble vitamins and health-boosting plant phytochemicals

Choose 30—70 grams per day. Sources: nuts, seeds, olives, avocados, olive oil, canola oil, soy oil Omega-3 fats are found in flax seed, walnuts, soy.